

DIVINE TALKS *WITH* DEVOTEES

by
Yogeshwar Hari Om Ananda

Compiled by
Hari K. Gogia

(All Rights Reserved)

Printed

Out of the magnanimous Donations of

Shri Parmanand

M/s. Kusum Kant & Co.

Shri C. L. Rijhwani

Shri Parekh

Shri Gurdassingh Jawaharsingh

Shri Dharamdas Nachnani

Shri Jadhav

AND

Many others

May God Bless Them All

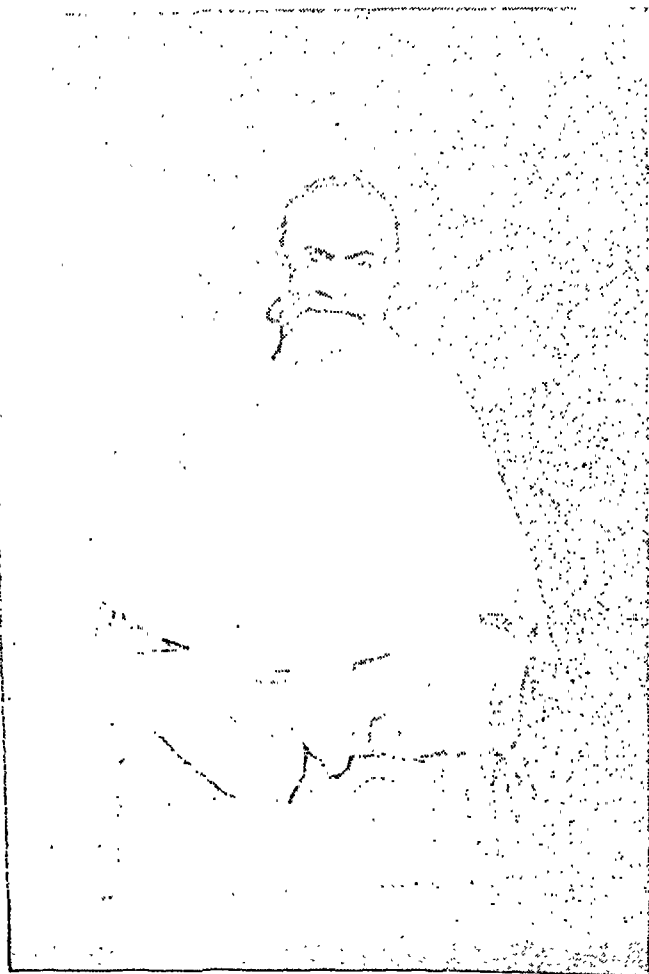
CONTENTS

Life Sketch of Sri Swamiji

Compiler's Note

Preface

CHAPTER I	Guru-God	1
CHAPTER II	Oneness of Life	17
CHAPTER III	Effort and Action	28
CHAPTER IV	✓Prayer and it's Powers	35
CHAPTER V	Powers of Thought	42
CHAPTER VI	God-the Formless	(48)
CHAPTER VII	The Word	66
CHAPTER VIII	Divine States	76
CHAPTER IX	Prakriti and Purusha	85
CHAPTER X	Voice of God	95
CHAPTER XI	Religions-Their Teachings	102
CHAPTER XII	✓ Law of Giving	126
CHAPTER XIII	Basic Principles of Dharma	148
CHAPTER XIV	God in form	(155)
CHAPTER XV	Thou Art That	166



Yogeshwar Hari Om Bhagwan

LIFE SKETCH OF **SRI SWAMIJI**

His Holiness Sri Swamiji was born in a middle class family at Naushahro Feroz of Navabshah Dist. Sind on 19th Sept. 1913. His father Shri Ladharam Raisinghani was a Govt Servant & had 12 children of whom two sons and a daughter survived. Sri Swamiji was the eldest son and was named as Parsram. He lost his mother at an early age of 7-8 years. He received his primary education in the village and was sent to Karachi for secondary education. He joined Sind Model High School there. Because of his brilliance he was promoted from Vth Std. to VIIth Std. and was awarded Govt. Scholarship till he passed his matric examination of Bombay University in 1932. He immediately joined the Police Force and on partition was taken up in Bombay State Police from where he retired voluntarily at the age 45 on bifurcation of the state when State Govt. offered the chance to all Govt. servants. During his service in the Police Deptt- he performed his duties with such distinction that a number of rewards were given to him for sound administration, quick detection and bravery. After retirement, he was initiated to Sanyasa order by His Holiness Sri Swami Sivananda of Rishikesh and was named as Swami Hari Om Ananda.

Since his childhood Sri Swamiji showed signs of a born yogi. He always used to get up at 4 in the morning and sit in Samadhi postures. He used to accompany his mother for satsangh every evening. While a student he took to yogic exercises (eg. pranayam & Asans) with zeal. He never went to cinemas and instead attended Geeta classes conducted by Sri Ramkrishan Math at Karachi regularly. In School also he got attached to a

saintly teacher Shri L. T. Gidwani who inculcated a very sound character and cleanliness in him Since his childhood he took interest in all round development of himself i. e physically, morally and Spiritually and it was his hobby, so to say, to visit Saints and holy places and listen to religious discourses.

During the period of service in police force he visited practically every Saint of Sind and he came under close influence of a Sufi Saint Dr. Rochaldas. During the entire period in police he looked upon his duties as service to God and worked very hard without sacrificing human values. Service of Saints and organising satsanghs were his only activities. He looked upon every form of woman as that of "Mother Goddess", and took every opportunity to render all possible assistance. He always longed to serve the Sick, the poor and the children. It was during this period that he took to deep study of Geeta and Holy Scriptures of all the Religions and practiced eternal principles of Truth & Universal Brother-hood His Tapasya in Police force bore fruits and from 1954 onwards, he started seeing God in all i.e. in his superiors as well as subordinates and started embracing, loving them & kissing them even while he was taking parades. It was then that he started getting visions & experiences of Divine In toxcation and the inner bell rang in him and the call to leave the service and worldly life became persistent. He went to Rishikesh in Nov. 1956 and was initiated in Divine life by H. H. Sri Swami Sivananda Saraswati. Soon the opportunity of volutary retirement came and he bade Good Bye to Govt. Service and was initiated into Sanysin order of life. He resides now at Ulhasnagar-4 Dist. Thana of Maharashtra and conducts Geeta class every Sunday evening and other spiritual activities.

COMPILER'S NOTE

India is singularly fortunate in producing a galaxy of Saints, Seers, Rishis & Avatars. There has been no time when they have not graced this Bharat Bhumi. From time immemorial they have developed the thought and reached the loftiest idea: "I am God myself" and "Thou art That".

Such men have always been Messengers of Peace and cured the suffering souls. Their religion has never been confined to the so-called religion of their birth. Their ideals deal with entire human race and their teachings have remained universal. Their sayings are true at all times and all places. In their expanded and all-embracing love for humanity there is no place for narrow ideas of religion, caste, creed colour & sex.

Such Men exist today as well. In fact we find very little time or no time at all to contact and learn from them the way to conduct our lives happily. These God Men are all out to help us. Instead we ignore them and try to find happiness and peace elsewhere. Result has been unhappiness, strife and misery.

I have lived with the writer H. H. Yogeshwar Hari Om Bhagwan for more than a decade and accepted him as my Guru Bhagwan. To me He has been a Friend Philosopher & Guide Supreme in all aspects of life. During this period, I found him writing hundreds & thousands of pages in 60 to 70 bound registers. I have only compiled some of these writings subjectwise and

there is much more material to be compiled in this way. What has prompted me most is the 'Direct' touch in these writings.

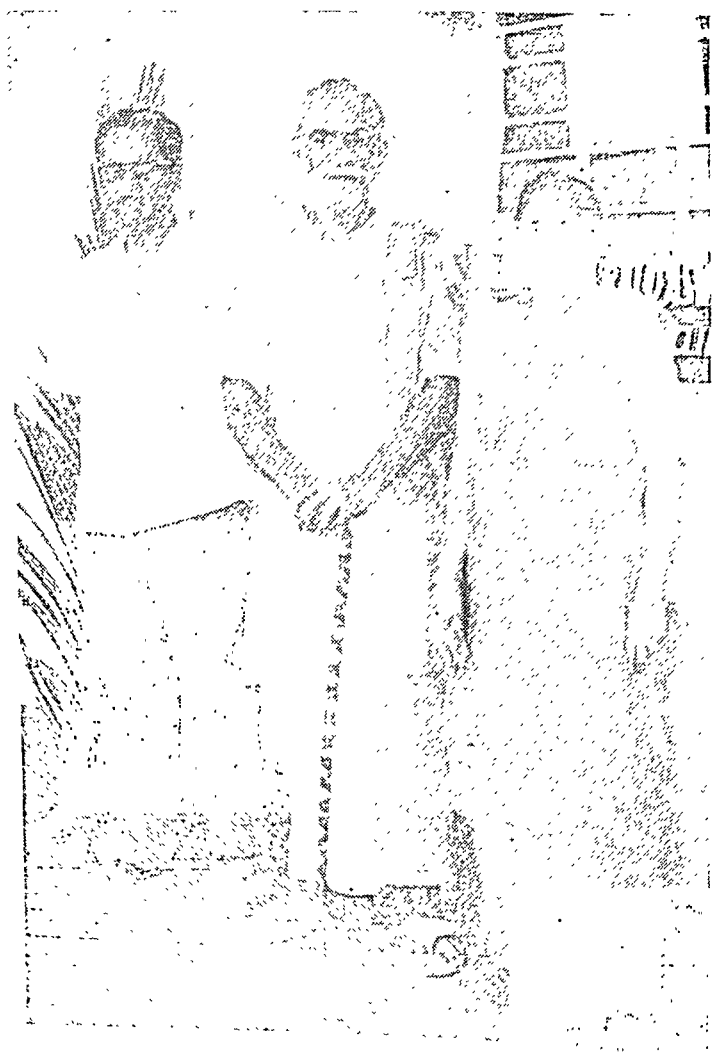
The only purpose behind this humble effort is to give the people of this holy land an inkling of what the Masters of Life have come to tell us.

A time has really come when we must pause and think. Why are we so unhappy inspite of so much advancement on material side? Every day we hear of agitating minds creating confusion throughout the world. There is something which Science, technology and material prosperity can not give to man. The industrialisation has brought so many changes in our lives and raised such socio-economic problems that human and spiritual values in man are under greater strain today than at any time in the past. A way has to be ~~find~~ out to restore peace and harmony to man so that he may live and not destroy himself. This way can only be had through the sages and seers. Unless we look to them again for guidance, there is every chance of our losing ourselves completely.

Dt. 9th December 1968

HARI K. GOGIA
Building No. 119, Ten: No. 3429,
Pant Nagar, Ghatkopar,
BOMBAY-75.

and
C/o Sri Swami Hari Om Ananda
Divine Life
Ulhasnagar-4, (Dist. Thana)
Maharashtra



Compiler with Sri Gurudev & Mata Swamiji

P R E F A C E

Jaya Guru Deva : Eyes that see own Beloved Atm in every thing and all, are the Real MAN's eyes. It is mercy of Guru Bhagwan My Master H. H. Swami Sivananda, whose Kripa Drishti on me, is spreading His Divine Message of Peace, joys, hopes, love to you and all. This is the Message of Ancient Days of Vedantic Age, the Message of Geeta, the Message of all-Saints, All-Yogis, All-prophets, of All-Religions. This is the lofty Message of peak of perfection, the Message of Truth, the Message of living together in co-operation for experiencing heavenly life on earth, the clear Message of Universal Brotherhood, by Law of Love for God-in-all. Do thy duty best, leave unto Lord the rest....with Atma Bhava, and you shall be free from blame. Let credit of best of your Good Actions, Virtuous Conduct, Divine Work, also be surrendered to Thy Blessed Lord.

I love every one, as loving my own Atma, all-pervading Homogeneous self, irrespective of personal beliefs in life of an individual, about God and one's own free thinking and opinions about a Religion. None is My enemy. One's own self is nearest and best Friend or through ignorance one's own worst enemy. If a man fails to control own mind, what can CONTROL do? Om, FIRST GOD, then world, next yourself, is the Law of Love, the wisdom

of a Wise-Man, the Light of God, Knowledge of Truth, the LAW OF EVERY RELIGION, the Royal Path, the Divine Conduct, that abridges human life with God, the Abode of SATCHITANANDA-SWAROOP.

Every quarrel, every war, every dispute, fear, misunderstanding, originates from delusion, ignorance, false ego in human-life. This veil of Avidya must be removed, if we want to enjoy Richness, Fullness of sacred life in own life, in human body on earth. This is Supreme Knowledge, Sovereign Vidya, Brahma Giyan, that flows from the High to pick up the personal life of a man towards Higher Real self. For this, guidance from a Self Realised person is necessary. FAITH is the First thing. It is the Will of Almighty Lord, for every human-being is in essence, the blessed Image of God, to know Him, to see Him, to live with Him, to work for His sake, to love all and hate none.

It is My Loves for you all, THAT blesses you, the Reader as well as the LISTNER to draw benefit from My words of Truth and Love for you all. May you find a Real King, Satguru, Sacha Padashah, a Real Guide and reap the Immortal Fruit of your faith, devotion and service offered to God in the most loving manner.

Shri Hariram K. Gogia, who is my First Divine follower, and who has compiled this little Book, first of all, from my writings, deserves a word of

encouragement here. My pen has flowed very freely on papers, since years, and no body got an idea, to get it published for wide circulation, so that, seekers in search of God, may get benefitted. CREATION of this idea, in the mind of Shri Hariram

Gogia, and prompt action taken by him, for bringing out first publication, in a short period, spite of pre-occupation with worldly personal problems, also confronting and combating bravely with own problems and difficulties hundred & one daily life, DESERVES credit, and sets an example of Real Meaning of DEVOTION. WORK IS WORSHIP. That Work, which is for Integrity in life, for the great Good of Majority of people, free from ideas of selfishness, personal gain, name and fame, done with Atma Bhava as an act of offering to God, is the REAL WORSHIP. May his co-operation in Divine acts remain as a peace of work on the Path of Immortal-Records of Almighty Seer.

It is Dharma of every Jiwan Mukata, to help others to reach that state of Jiwan Mukati, and this is that work. It is Dharma of every one to join us in such work of worship. May Almighty Seer, Lord of Lords bless him and all those who have helped him financially or in any other way, to have brought his book published as such. With deep regards, Warm Loves and Om to all.

OM

Swami Hari Om Ananda
Yogeshwaram Bhagwan

CHAPTER-I

GURU-GOD

FAITH IN GURU GOD

1. It is the "ego" Mr. Ego, Shri Ego, the individual ego, that separates you from your Real-self, the life of Joy-Absolute.
2. God is the Bliss-Absolute, the source of all joys, supported by eternal-life established in Truth of existence-Infinite of self-knowledge of Immortal Being. You may try to define God and His Greatness, but the finite-self is incapable-instrument to define His Perfection and Perfect Glory. However, you may come to rest in His Infinite-Heart of Love and realize His-Mercy for some-time only, by thinking of Him constantly in your own heart and by singing His Glories. That is quite true, but getting eternally established in Divine-Consciousness, you necessarily need guidance of a perfect Master, as it is His eternal Law of Being so.
3. None can fully realize Self-Real, without the help of a Perfect-soul And Perfect-soul is the perfect Man, called and known as a Self Realised Person, the Guru-Bhagwan, Satguru, the Satpurusha. Help means guidance from a Self Realised Man.
4. It is Mercy of God, that by His Mercy, you come in contact of Him-in-the-company of a Self Realised Man.
5. It is by His Mercy, only, that you get a Self Realised Man as your Guru and get Guru-Mantra from Him.

6. It is by His Mercy, only, that you gain faith in Guru. Without His Mercy, you cannot have faith in Guru-God. And it is by past good karmas only, that you get a perfect-Man as your Guru and have faith in Him.
7. Ego will never leave you, unless you have faith in God.

GLORY OF GURU

1. Glory of Guru is Glory of Godly Life in Man, as a Living-God.
2. Glory of Guru is Glory of your own Atma in your Guru Bhagwan.
3. As long as you do not see Glory of God, you cannot see *Glory of Life in Self*.
4. Not to know Glory of Guru is ignorance of Real Self.
5. If you are singing songs of Glory of Guru, you are in fact singing the songs of own Atma only.
6. If you do not sing songs of Glory of Guru, you are just an Animal only, who does not know the Glory of Real-own-Self.
7. It is no favour on Guru, if you are singing songs in His praise. It is no favour on any one, if you are obeying the words of own Guru. For verily you are obeying own Real-Self only, if you are doing Will of own Guru.
8. You are doing good to own Real-Self if you are practising principles of Truth For that is your own

Law of Life, to live with own Divinehood, the Life Divine.

- . Expression of Truth by a thought, a word and a deed is your own Divine Life.

SAT GURU IS THE GOD HIMSELF

1. He, the Lord of all, out of Himself, of His own Free will, and Freedom, created every bit, everything and all, for purpose of enjoying His own Leela of joy, for seeing and experiencing, for knowing and feeling His own powers of His Own WORD, the WORK of Truth, the shabada of Satyam, the WORD of Ahimsa, the WORD of Real Love of Self AND, so made the promise with Self, to only Love the Real Self in all. He also made the promise that He will not remain ignorant of Self-Consciousness, of the memory of Self-Existence Absolute.
2. He remaining eternally established in such consciousness of Self-Existence - Absolute, sounded the voice of Self, One WORD only that, which sounded A...U...M AND this one WORD, AUM reverberated from Him and created the Echo, AND, the world of form and names came in appearance at once
3. None may remain in ignorance of Self-Consciousness, of Self-existence - Immortal Life Absolute, He created Vedas, the Knowledge of Self, AND, the Vedas prescribed the way of Karmas, the theory of Karmas, the theory of Voice and Echo, the theory of Actions and

Reactions, the theory of cause and effect, He remaining as hidden truth as the knowledge of the Truth Himself in the vedas, the voice of Self.

4. In the vedas, He says, that He is the Brahma Himself as this knowledge of the Self, AND by following this path of the Eternal Laws of the Truth, one will return from the Ignorance to the knowledge of Self Immortal.
5. To follow this path of Self-knowledge He says in the vedas, that, whosoever will choose to come to Him, will take His Help from His Being, in the human form known as his Guide, the Sat-guru, AND, without His such help and support, none can find Him, none can see Him, none can reach Him, the knowledge of Self Existence-Absolute.
6. So it is He, Himself, the supreme Being, who has laid down the Law for obedience, to obey the preceptor, the spiritual Guide, as His word, only, if one should know the Reality.
7. So It is His voice, saying that the word of the sat-guru is His own word only, AND, so He is guiding all as Himself acting as the Satguru and none else.
8. Go to your Satguru, so says the Lord, if you want to see Me.
9. The Lord Himself is the Satguru. The Lord and the Satguru is one and the same Reality.

GURU - WANI

1. Guru says— respect all-life as Life of God in-all.
2. Serve life-in-all, as serving Life of Self-in-all.
3. Love all, as loving life of Self-in-all.
4. God is love- Absolute, and Love for all, is the Love of God for all life.
5. Love all. Hate none. Love is God and God is Love.
6. Non-injury to life-in-all, by thought, word and deed in non-violence by self to anyone, and that is the love, regard and respect for Guru Darshan, and that is the Divine- Love of Self for all-life on earth.
7. Give and give. Give as long as you live. Give till you become empty, so that you may be refilled in abundance. Give is to prosper. Giving is law of prosperity. Whatever you give in the name of God, that alone is the giving. Give but do not expect a return for givings in the Name of Guru, the God. Give with faith, love and humility and think that you have given nothing still. Give in a prayerful-mood, so that your givings be accepted by the Lord.
8. Charity purifies the heart. Charity washes the heart of all sins. To earn for selfish purposes, and to spend for selfish- desires, is only selfishness, for self-satisfaction and that is a sinful life.
9. If you do not give from honest-earnings, a proper

share in the Name of God, you are eating only a sin and living a sinful life only, in vain.

10. Purify the mind by Nama—Smaran, Kirtan and Satsangha, and by service of Saints.

GOD'S MERCY AND LOVE-INITIATION INTO DIVINE-NAME

1. It is indeed God's Mercy and Love that One gets a human-birth.
2. It is indeed God's Mercy and Love, of greater strength and powers, if one gets a Guru, in Life. For, Now, a man from animal life is processing and refining life as a real-being in human garb, which ALONE is the Goal of Life, and ONLY purpose of coming in a human-form, on this earth.
3. That is Ishwar-Kripa, Ram-Karuna, Shiyama-Daya, Guru-Kripa, Lord's Mercy God God God Himself.....in the garb of a HUMAN-FORM as a Guru..... gives you the DIVINE—WORD the Guru Mantra.....Guru-Kripa Guru Dikshiya God's NameOwn Divine-Name the Promisory Note by speechby Divine-Stand, the Never-failing Promise.... to help you, as your Saviour, as your Friend, as your Mother, as your Father, as your Elderly Person, as your Well-wisher, as your Eternal-Guide, in life, to enable you to PRACTISE in life, Principles of Truth for self-revelation, to see own Glory to meet with God in own heart, in the Temples

of God in own Mind, to merge in Divine state of Self-in-all and all-in-Self.

4. But, if you fail to practise, the teachings of Guru, then you fail own-Self only and do not rise above.

HINTS ON GURU WORSHIP

1. Practice maketh a man perfect.
2. Abhayasa— Abhaya— Abhaya, so says the Lord, in Gita to all men, women, and children.
3. Get up at 04.00 Hrs. Brahama Mahurata and sit in meditation for prayers and Nam-smaran please, at least for 2 hours continuously and regularly. NEVER MISS A DAY EVEN.
4. Brahama-Vichar, is necessary to unlock the treasure of Divine-Life in your heart please. Do not forget this important Sadhana daily please.
5. A curtain of ignorance over mind, will never be lifted off, without spiritual sadhana.
6. Nam-smaran is a Key to open Inner-Mind.
7. Guru stotras to sing Glory of God and worship of the Image of Guru is necessary A mere Rama—Ram, a mere touching of feet of a Guru is not sufficient. Garland your Guru daily with flowers of love and obey His every word with strength of Faith and Power of Love in own heart. Offer flowers to Guru daily to show reverence for God in Guru. A mere bowing before him empty handed will bring you nothing.

8. Blessings of Guru are governed by Religious-Law in own conduct Offering of flowers and fruits to Guru is a symbolic way of faith and love.
9. Never miss Guru's satsangh. You will get greatly benefitted if you sit in meditation in His Immediate Presence for the spiritual sadhana. Feel His Eternal Presence in own heart.

NEVER FORGET GURU'S WORDS

LISTEN WITH RAPT ATTENTION AND REPEAT IN MEMORY THE WORDS OF A SELF REALISED MASTER AND ACT PROMPTLY. TO FORGET THE WORDS OF THE MASTER IS TO FORGET GOD.

1. First Listen. Then use your power of intelligence to understand what said by your Self Realised Master Then act accordingly, without least delay in doing what you are told to do.
2. Each WORD spoken out by Self Realised Master, is the WORD of God. God is ever Alive. He speaks from the Self Realised Person, the perfect man, the Master Mind. With such faith, listen His voice and act **PROMPTLY**.
3. Put your body, mind, senses, intelligence and life breath everything and all that belongs to you, in God's work. as His trust, with you, in carrying out His Will, with faith and love-absolute for Him only.
4. Impossible will be become possible, if you have only faith and willingness in personal-life to do the Will

of your Self Realised Master, For He ever stands by your side, watching your every movement, hearing your every word that you utter and as an Inner-Being Self ever present in your mind, knowing all your thoughts too.

5. Guru is the embodiment of God-in-human form, visible in human form and invisible as essence of Truth in His Words in and around you, ever watching you in every walk of life. His words are words of eternal Truth, & hold Truth at all time and at all places.
6. Never forget His words. To forget His words is to forget Him from your own memory. It is by forgetting His words only, that you separate yourself from Him and become selfish man.

STICK FAST TO GURU-WANI AND PUT HIS WORD & TEACHINGS IN PRACTICE

1. The only way to become worthy of the Master's blessings, it is to do His Will, with entire-being.
2. My eternal words of prayers offered to Him are:—
 "Oh, My Lord of Mercy and Love, give Me understanding, to think of only that which is Right, to only utter that which is Right, and so to do only that which is Right. Let My every thought, word and deed meet together on the Right-path, so as to live the Right-values of Life. So help me God."
3. Greatest of all the virtues pleasing the Lord, is humility, humility, humility. This is the Key of success in

Divine-Life. This is the code-word and the Crown of all the Spiritual-practices to meet with the Lord, the Beloved-Master, in His Temple in One's own heart. Truly the Lord said :—

a) If you cannot see God (own Real Self) in the heart of own Guru, where will you then see Him? Every word of Guru, comes from the Heart of God, from the God seated in His Infinite-heart of Infinite-Love and Mercy for all. To respect and adore Self, is to obey the words of own Guru. That alone is Reverance of self-being for God, the Guru That alone is the self-conduct of faith in God.

b) The Revered Master said :— If you cannot see God in own heart, then you cannot see Him, anywhere else. If you do not care to listen and keep in own Memory the WORDS of own Guru, and obey with faith whole-heartedly, how can you realise the Truth of His Words then ?

4. Oh, man, be wise to listen the Voice of Truth, given out to you, by the God, from the Self Realised Guru. Remember His words and obey His voice with faith whole-heartedly.
5. First God, next the world, then yourself is the Message of the Self Realised Master for you and all. You must attend to the call of Guru-Wani and do that first, leaving all other work, however important the other-work may appear to be to you. This is the Law of Being. Have faith in the Self Realised Guru. If you attend to His voice first, then it will become entirely

His responsibility to look after your other works in life. This is the Law of self-sacrifice for the sake of Love for God. Do you mean to say that if you leave away all other work for the sake of your exclusive Love and Reverance to rally round the God's Voice, God is ignorant of seeing and knowing of your such courage, faith and strength of your self-surrender to His alter? And do you mean to say, that God is incapable of arranging to look after your other work, for His sake, if He wanted your other work to be accomplished that you leave away to do His Will first?

6. It is only your ignorance and lack of own personal faith in God, the Guru-Wani, that you ignore to do His Will first, and instead run after perishable objects, the worldly-achievements, Such is the illusion and illusory-fear in your mind, which keeps you at a distance from Divine-Consciousness, and so you are weakling, a faithless being only.
7. This path is for the courageous only, who is prepared to do the Master's Will at all costs, and not for one who turn away his face from seeing eternal-existence of Truth in Guru-Wani, giving away excuses, for missing Satsangh and doing of Spiritual-work as per teachings and Upadesha of the Self Realised Master.
8. If you really and sincerely aspire to see God, then you have to sacrifice pleasure of life and desires to achieve worldly-objects, worldly fame and name, in preferance to God's voice, God first, next this world and then you your self.

9. Daily spiritual-Sadhana is to be practised. Self-discipline and a great regularity is to be maintained as a part of Tapasaya, austerity in personal-conduct. You have to get yourself rightly trained under personal guidance of a Self Realised person at some fixed place, and keep up with the given time and instructions.
10. Wandering about from place to place is sheer waste of own valuable time, energy and life only.

ETERNAL IS THE LAW OF GOD, GOD HIMSELF IS THE SELF-REALISED MAN, THE GURU

1. Each and Every thing that you say is MAYA is indeed and inject pervaded by Para Brahma, the Parvaradgar, the Unmanifested One, called THE GOD. He is the One Homogeneous Self Spaceless, Timeless, ever-Alive. Life-Absolute, in all-Space and in all-Times, beyond Death and Birth. He is never BORN. He never DIES.
2. He speaks from everything and from everyone.
3. He hears from everything and from everyone.
4. He sees from everything and from everyone.
5. His power works from everything and from everyone.
6. His Darshan is in everything and in everyone.
7. It is His-Life, that has assumed all Names and forms for His own Leela only. Whatever you see, hear, know,

feel and experience in Life, is His Leela through His Maya.

8. As butter is in the milk and fire in the woods and water in the bottom of the layers of earth underneath and light in the shining planets high up in the Skies, so is His Eternal presence in everything and in everyone and in-all.
9. As through some means and by efforts you can dig out the earth and find out water underneath, and take out butter from the milk and fire from the woods and see light of the sun, moon and stars, so through some means and with efforts, you can come to know Him too.

WHAT IS THE GURU ?

1. Guru is He alone.
2. Guru is God only.
3. Guru is Image of God.
4. Guru is God-Head.
5. Guru is God-Heart.
6. Guru is God-Hand.
7. Guru is God-Self.
8. Guru is God in form of a Man.
9. Guru is Personal God.
10. Guru is Impersonal God as well.

11. Guru is emblem of the life working on Truth, Love and Faith.
12. Guru is the vision of God in form of a Man.
13. Guru is Nameless, formless.
 - a) His Name is the word He wheels in His Heart and gives to a disciple. The word given to a disciple is the Real Name of the Lord, the Guru, the God.
 - b) Form of the Guru is Life Divine. The Divine-Life in conduct is His Real Swaroop.
 - c) The experience of the bliss enjoyed in His presence is the presenee of God in Him, Satchidanand.
14. Guru is the embodiment of Truth, Love, Knowledge, Wisdom and Bliss.
15. Guru is the name of teachings of His Eternal Laws of His Divinity.
16. Guru is desireless. He has no desire even to preach or teach anyone, but that is natural flow of His Divine Love, which out of eternal mercy of the Divinity, for their children's good, acts from his Body.
17. Guru is the name of untiring efforts or selfless service of the Divine force, from the pious human-body, for the good of the children of God.
18. Guru is the vision of the working of the Divine Force, of the God, for His children, from the body surrendered to His service, as a great sacrifice to the Master.
19. Guru is the name of the purified body and the purified mind working harmoniously.

20. Guru is the name of the pure empty body and pure vacant Mind working for the God.
21. Guru is the name of the purified body with purified mind, surrendered at the Lotus Feet of God, the Lord, the Master, the Greatest Gurudeva, Then if it is a real gift and worthy of mercy of God, the God takes change of that purified body with the mind purified of egoism and uses as his Vehicle to carry out His Mission of teaching men of His Divine life, the abode of Heavenly kingdom, the eternal life of Truth, Love & Bliss.
22. God reveals Self from the purified body of a Man when that purified body is consciously and wholly surrendered to Him and not conditionally or partially. God never will accept a body, if there is the slightest possible trace of a worldly desire lurking in the subtle Mind. Therefore there is great necessity of austerities and hard work of spiritual practices, if we want His grace and His presence to be revealed.
23. It is only those fools, lazy and in-experienced souls who would say that there was no necessity to perform austerities for God-Realization. It is only the shelter of the lazy and fool, to hide his face from Reality.
24. Still greater fools will be those who would trust and believe such idiots, the lazy souls on earth, who are born to only mislead and misguide the aspirants from going towards God.

CHAPTER-II

ONENESS OF LIFE

ONENESS

1. ONE GOD, ONE SELF, ONE ATMA, ONE WORD, ONE NAME, ONE FORM. Yet formless and Nameless is He.
2. One That Real One, appears as Many. Many-ness is the delusion. He is one and many-ness is Maya Power of Him Remove the curtain of power of Maya, from Self, by self-effort, by self-law of life, as said by the voice of self, as per self-prescription written in the Vedas, the Wani of self, the Akash-Vani, the voice of God.
3. It is self-law of self-life, to obey the self realised-persons-voice, to realise the self.
4. It is self-law of self-life, to bow before the self-in-the self-realized-persons, the saints, to humble the Mind, to become fit, to receive knowledge of the Infinite-self.
5. It is self-law of self-life, to accept the self Realised-person, the Saint, as Guru, the Guide, the personal-God, as a first-step, on the Divine-path of Divine-Wisdom, to realize self-Divinity.
6. Self-Law of self-life is the Eternal-Law, the Law which is unchangeable-law. and no concession or exception is allowed to this self-Rule of the self.
7. It is self-law of the self-life, to bow before the saints, the Guru in the Saints, the God in the Saints and to

show utmost humility, reverence, and respect, to prove sincere-aspirations and real desire in the heart, to obey faithfully each and every word of the Guru as that of God. It is the Self, the God as the living Saint, the Guru.

GOD IS ONE.

ALL ARE HIS CHILDREN ONLY

1. God is one only. All others are His children only. So I am the God for all those who have not yet reached My Supreme status in own Life & so it will be most proper to call them all by a word, that signifies, My Love for them all. To be a 'child' of God, is really a great thing in life. I am a child of My Guru Deva Bhagwan, and I feel happy to be called so. If My Guru-God, call, Me as His own child, it will be a great Honour done to me, by Him, and I shall feel in-debited to Him, for His Mercy and kindness to own me as His child. There cannot be a man's greater fortune, than to become a child of God. For verily in essence, child is creation by the Father and the child is real treasure of own Father, whom the Father trusts for all purposes & the deserving child automatically gets the key of all Treasures of the Father and as also becomes entitled to the kingdom of the Father, as a Right Heir to the Rulership and gets the throne at the father's sweet will only, if the child proves own worth by such deserving conduct and qualities in own life.

2. So you are indeed lucky if I or any Self Realised Person uttārs a word of 'child' addressing you My friends.

ZONE OF SILENCE

1. Each Self Realised person is a one with the Almighty Lord, whom the world is worshipping either in consciousness or in unconsciousness. (Bliss-Absolute is God).
2. There is no other God, except the Joy-Absolute. This is the Highest plane of self-consciousness of the Self-knowledge, of the Self Realisation. This is the peak of perfection, the life with God, oneness with God, the fruit of life-Divine.
3. The aspirant ascends on the ladder of spiritual-Awakening in own heart, by following the path of Good step by step and stage by stage, gaining personal experiences by spiritual-Sadhana only, by following the words of Personal Guide only, by doing the will of a Self Realised Person only.
4. Many are the obstacles on the way and pit-falls, where viveka, vichar and vairaga only help the sadhak to understand Right imports of the Personal Guide's words of wisdom. Avoiding to obey or delay in doing the Master's will, at once make the follower fall down from the ascending on the spiritual-ladder. This is called the "fall" of the follower.
5. Never ignore the Master's words, because the God

Speaks to you, O, man, from the body of your
Personal-God, the Guru.

WISDOM IS GOD

1. A wise Person is Father-God for all.
2. Wisdom is Divine-State, Fatherhood in a being, that guides children on the Right path.
3. I am That, whom you worship in various ways for your peace, contentment, happiness, health, wealth, joy and prosperity in life.
4. I am That, whom you call God by various name who is Ominipresent, Ominiscient and Ominipotent.
5. Remember that Desirelessness in life, is the Divine state in a being. This state is beyond a thought beyond a human imagination, beyond limited understanding of a man, beyond the limited personal-intelligence of a being and that is beyond this world of forms and names.
6. I have nothing to gain by anyone's going to hell or heavens. I have nothing to loose or gain by anyone's doings 'good or bad'. For one who does good, he or she (the doer) enjoys the heavenly fruits of own good actions, and I have nothing to gain from your enjoying the fruits what you create from own good conduct Similarly one who does bad, he or she suffers the consequences of own action, and I have nothing to do with your sufferings, which are again the result of your own bad conduct in life.

WISDOM OF OVERSOUL

A self Realised Guru is a living image of God.

1. When knowledge of oversoul dawns, in own heart, the heart begins to dance in love of God and experience of the real (selfless love) love is the real-joy-Infinite, which is beyond expression by tongue.
2. As the 'aspiring-soul' ascends in Higher-Life, towards the Real-Self, experience of which is joy-Absolute, the aspirant experiences fullness of life within own heart, and gradually and slowly his knots (klesas with selfish actions) in heart, get loosened, like breaking of binding chains with the worldly ways of life, like handcuffs of a criminal being broken, letting him free, like doors of lock-up (jail-prison) getting break-open, releasing the prisoner from the jail, allowing him freedom, now.
3. The sincere aspirant gains spiritual experiences in own heart within (in own Mental-plane) and becomes wise day by day (sharply intelligent). He ultimately reaches the Highest-wisdom of the 'over-soul', and becomes rich in 'spiritual-experiences' of God-Realization. It is none, other than the Spiritual Master, he himself now identifying self with the God, and this union (yoga) with God, is made known to him, by the Self Realised Guru, who alone knows the Real-Truth of Life.
4. Therefore, it is the Self Realised Master, who is to be revered and worshipped throughout the life as God, as very own self, in order, to preserve sameness,

equal vision (Samadrishti in self), and so to display 'life-long reverence' and gratefulness for knowledge of self, the wisdom of 'over-soul'; the 'Guru Kripa', and such Divine-conduct of self-love for 'self-knowledge' (knowledge of God); will attract the attention of masses (other Sadhaks); to follow the self (you), in your foot-steps, as you do, as you speak, as you worship your own self in the form of your own Guru (God).

5. If you neglect your own Guru-worship and praises of own Guru, you will only get own Gurudom (Guru-status) neglected by the world at large; and by so doing, you will only cause great confusion in the cosmic-Mind of own-Infinite-self thus falling yourself in great-Ignorance along with own-followers only.
6. Never speak a word against the word of your own Self Realised Guru. Never suspect the conduct of own Self Realised Guru. For the Self Realised Master is a Great Mystic, who adopts mysterious ways in life, to pick-up men, women and children of different ways, means and methods, best known to Him(Guru-God) only.

MERGE THE INDIVIDUAL 'I' INTO THE INFINITE 'I'

1. All the visible drama is but the waves with different Names and forms tossing on the Bosom of the Infinite ocean of the space.

2. It is Drama of the expression of the Will of the One' Creator of all, the Supporter of all, the Ultimate Destroyer of all, merging the waves in the Great Infinite ocean of Silence, the Peace Absolute, the Joy Absolute.

3. The Creator is the One and same, the Perfect, the Absolute, the Whole, the Full and all the visibles are but the waves dancing on His Infinite Bosom of Consciousness Absolute. He Himself is eternally established in His own Consciousness Absolute of witnessing the false egoistic 'wave ideas' of the individuals of finite 'I', 'I', 'I', I-ness, "I-ness", "I-ness" "Mineness", "Mineness", "Mineness", saying this is Mine——That is Mine——— attaching self consciousness with little 'Iness' in attributing doership of actions to little finite I and thus blaming self for wrong and taking credit of good actions, and thus loading own mental plane with impressions of merits and demerits accruing from attachment with the doings, as a result of identification of self with the Body senses, Mind and the finite human Intellect. And thus by wrong idea of identity of Atma with the Body and Mind, one suffers, weeps, worries or enjoys, fluently boasts of achievements, powers of possessiveness, powers of Maya and laughs. Detach your consciousness from impression of doership and the ego of possessiveness, and you will eternally keep smiling established in True knowledge of self, as a mere witness of the Drama of the Powers of the Maya.

Lord Krishna's Philosophy concludes in two words only Keep smiling at the dance of Maya of forms and the Names, nature of which is eternal change in the situation.

Real Nature of Atma is the Joy Absolute. Atma is Eternal Witnessing Consciousness only. Atma is Immortal Life of Self in all. Atma is the Witness-Self and not the doer. Thou art That only.

Atma is the joy Absolute, the Immortal Life of perfect equilibrium in the Nature. Atma is the perfect peace in the Mind. Atma is unconcerned and unaffected by Actions. Atma has nothing to do with your individual actions, whether good or bad. It neither enjoys the fruit of good nor suffers for the bad actions of the individual.

All actions arise from the ego, the feeling of individual personality maintained by individual forms and the names, due to great ignorance only.

It is work of the Nature of three main colours, attributes Tame, Rajo and Sattaw qualities that create desires of selfishness and gets your consciousness attached to individualism for achievements for personal enjoyments, for personal comforts, for personal pleasures, name and fame and the idea of separate establishing of personality comes to play on your Mental Plane, whereby you like some and dislike others. Thus you get attached to Raga-Dwesh, likings and dislikings by your own foolishness, ignorance and false ideas about the Real Nature of the Atma, the self.

9. Stand up as a witness only of the Grand Show of the Maya. Detach your consciousness from the ego of doership. You are not the doer but the witness of the doership. The doer is the Nature only. The doer is the ego only. This ego plays its own given part with the qualities in the Nature only, through the senses, the Mind and the limited intellect only.
10. Go beyond the limitations. Do not limit your consciousness pure with individual forms and names which are poor ignorant creatures only, busy at work of purgating own vasanas only, by doing the work with selfishness, to gain experience, to ultimately come to realise the Truth, the Self alone.
11. Have Mercy upon the ignorant beings, whose pain and suffering is due to attachment with ego of the doership only. The Doer is the sufferer and also the enjoyer of fruits of bad and good, due to one's own mental attitude only. Ego is the cause of doership. This alone is the ignorance.
12. Liberate the creatures from the sufferings by giving them knowledge of the Truth, to help them all to get detached from egoism of doership and help them to cross this samsara by the Raft of Knowledge of Self only.
13. This is the only Good Action, the only Mercy of God, the pure Love of Self for all. This is the Real Guru prasad.

ALWAYS KEEP SMILING

1. God is One. Guru is One. Saint is One. Seer is One. Sage is One. Yogi is One. Self-knowledge is One. Brahama is One. Brahma-Vidya is One. All is One self. Self-pure-consciousness is One. Antah-Karan is One. Chit Shakti is One. All are in One. One is in all. Rama in all is the One. Sita in all hearts is the One. Rama-Sita are one in the consciousness pure. Radha-Shyam are one in the mental plane. These all the forms and Names are of the One, and the One is in all the Names and the forms.
 2. The One has assumed all the Names and the forms the Super imposition. Remove from the Mental Plane all the Names and the Forms, the super imposition and realize the pure Atma, the Formless, the Nameless, the attributeless, the seeing-one-consciousness in all, one and the same, that is in the eternal, pure only one homogenous Infinite Bliss Absolute.
 3. All has come out of the Bliss Absolute as the Images forms and Names of the One Joy Absolute and all these live in the One and the same joy Infinite and leaving off the material form merge back in the same one Infinite ocean of the Joy Absolute. And again come out from the same Joy Absolute, until ego of individual existence melts back into the Existence-absolute on knowing Real Nature of Self.
-

CHAPTER—III

EFFORT AND ACTION

PURUSHARATH (DIVINE EFFORT)

1. Purush means A Man of Self Knowledge. A man of Self Reliance, A man of Self Confidence, that I am That, sure of Being God Self and so seeing own Leela of own Nature Divine only.
2. Purusharath literally means an effort.
 - (a) The effort means physically for the physical effort to maintain this physical body in perfect order of perfect or sound health by physical exercises to the physical body of God, the living temple of God, as literally God lives in the temple of the Brain, the central place of orders to the body, the Head Quarter of Intelligence, as the Purusha, who is illuminating Intelligence literally is said to live in the Sky or the Ether or the Head. The Head means upwards, the Highest of all, over the above all. The Head in the Body is the place over and above all other parts or the limbs of the body, the living encasement of the Soul, the embodiment of the Spirit or God.
 - (b) Mentally effort means to make an effort with full attention or we say with consideration, examining pros and cons of the self effort realizing the consequences of the self-effort, or knowing the Law of Life, the Law of Karmas, the Eternal principles of the Truth, understanding the theory of actions and reactions, the theory of the cause and effect

of the self-efforts. And be prepared to suffer the results of own efforts. Therefore to avoid that which is Adharma, or undivine or non-good, or unworthy of doing so by thought, word and deed.

To always be good and do good, doing all and each and every thing as doing good to self only, seeing the self-in-all. So to live in the life of the Truth. Non-Violence and Brahmacharya by thought, word and deed. Doing all as a favour to oneself only and to none else. For the One-self alone exists in all and in each and every thing is the same self-in-existence.

- (c) Morally an effort means, to make an effort to get self established in the Divine virtues only. To live the life in accordance with the Principles of Truth, the Yama and the Niyama, the ten golden principles of cultural life of high standard of the code of human conduct, the code of Moral-Character in human life. To live as a gentleman, a Man of courage, self-confidence, a man of word to keep up own word by thought, speech and deed. Yama and Niyama contain ten golden principles of ethical life of High Standard of Character.

To discharge one's own moral obligation of helping one's own family and the entire infinite family of God, the whole Universe as one family of God, is Real Dharma.

- (d) Spiritually an effort or purusharath means an effort or the Purusharath to find out God or the self, in the Drama or God's Leela, in this Life in human living body on the earth, the land of God, the Kingdom of God, the Heavenly Father of all, the Creator, the Supporter, the Destroyer of all the materials. This is the Highest Effort of Self, to reach the Self, to know the Self, to liberate the soul of self from the bondage with the Matter, to identify the self with the God, the Omnipresent, the Omniscient, the Omnipotent, the One-in-all and all-in-one only.

This is the only Human goal of human-Life in human body of this earth, the world, the land of God.

End of all works is the eternal feeling of non-doership, as really it is the Nature and the work of the Nature to move this world of forms and Name as per His Eternal Law of Life. I (God) am only a witness of all.

NO EFFORT GOES IN VAIN

1. This is the Eternal Law of the Great Lord, the words of the wisdom, the word of Honour, the eternal Promise of God, the Law of Activity, the Law of Life, the Law of Divine Teacher, the Promise of Guru, the words of Truth, the Law of Action, the Law of Nature, the law of wheel of nature, eternally moving each and everything, every being and all, the whole

universe, the Law of Life of Self pure. No effort goes in vain.

2. No action goes without showing vision of the fruit. No Action of sincere prayer goes unheard, this is the Law of Action of prayers, offered to God, the Self. No voice goes unheard or unanswered. Every thought, every word, every action bears the fruit.
3. God is in all. God alone exists. God exists as Eternal Law of the Action. God is the Eternal principle of the Truth, that no power on earth or in Heaven can change. God alone exists as the support of Dharma, the Atma or the Soul or the Spirit or the support on the Eternal principle of the Truth, upholding the Dharma. He is the Dharma-Atma, the Atma of Dharma, the Soul of the Action, the Soul or life or support of the Dharma.
4. What is your Dharma? That which is your Dharma is the part of play given to you by the Creator of the Dharma for you to do.
5. To accomplish the task entrusted to you by the Creator is your Dharma and that is doing the will of God. Doing the Will of God, is real Dharma of every one. Doing will of God, is obeying the God, honouring Real life of Self. Do only that, which pleases God. What pleases God is doing His Will only. What is His Will?
6. Meditate over the problems of Life and you will know His Will, His Commands, the Inner-voice.
7. To respect, Obey and do what Self-Realized persons

tell us, is voice of Truth, the Voice of God Inner-Voice of Self, Soul of Dharma.

8. Any Person, who has realised the Self, is one the God, and so his voice is that of God only is God, alone who speaks from within the heart of the Self-realised person, the saint, the Yogi, the Seer, the Guru, the spiritual Guide, the spiritual Teacher, the spiritual Master, the Real Man, the wisher of all, the God Himself, the Real Mother of all, the Real Father of all.
9. Whatever is uttered by the self-Realised person, is the voice of God and to honour, respect and obey his voice is your Dharma.
10. They advise us to take support of the Divine word, the Name of God and all our difficulties will be solved. Do Nama Smaran. Do puja Do Bhajan. Do Kirtan. Sing glories of the Lord Offer prayers to God. Study the Holy scriptures.
11. Obey your parents faithfully. Respect your teachers. Honour the work of your parents, the preceptor, elders, the wise men and you shall always be happy.

NO EFFORT GOES IN VAIN

1. O, Man, no effort goes in vain, so says the Lord Krishna in the Gita.
2. Your first, foremost and immediate Dharma is to realise Self, the Real Life of Own Divine Nature, To

abode of Heavenly life of Peace, Contentment and joy Infinite. Then you will remain unaffected by the changing visions in life.

3. That which never changes is Atma, your Real Self, your Real Swaroop, your Real Life. And that which changes is Maya or the Mind or the world of names, forms and ideas only.
4. You are neither the Maya, nor the Mind, nor the world, nor the mere name or a form or an idea only. But you are the Real Spirit, the Soul, the Atma, the Bliss Absolute which is Eternal, Immortal, Omnipresent, the Omniscient, the Omnipotent, in all, at all places, in all beings, everywhere and unchangeable Truth.
5. Meditate on this Truth and realize this Truth. Meditate on the Nature of Self Divine and identify yourself with that only and then you will get automatically detached from identity with the changeable vision of the Maya, the Mind, the body, the names, the forms the externality, the ideas, the world, the objects, which have no reality but only support of your Atma, your own imagination.
6. Nam Smaran is the greatest of all other efforts to realize the truth. And if you are sincere in your own efforts, you will get surely and amply benefited and rewarded for your efforts.
7. Remember God and all else will be given to you,

CHAPTER-IV

PRAYER AND IT'S POWERS

PRAY FOR GOD'S MERCY ONLY

1. Pray, Pray and only Pray. Pray in the Day. Pray in the Night. Pray in the Dawn. Pray in the Dusk. Pray in the Morning. Pray in the Noon. Pray in the Afternoon. Pray in the Evening. Pray every hour. Pray within every hour that passes of your life time only. Pray every half an hour. Pray every minute. Pray every moment. Pray by every prana that you pump in and pump out. By prayer become one with the prayer. By constant attention of prayer, by conscious thought in the prayer every moment, by every breath that you take in and take out, mind will melt in the prayerful attitude and mind will become one with prayer and your very existence will become a long continued flow of prayer. By consistency of the thought in the prayer, your very thought, word and deed becomes the very form of prayer.
2. By prayer, you will become one with the Self, to whom you offer your prayers consistently and sincerely. Your very voice will become the prayer to the Self. Your speech will be a prayer offered to the Self-in-all. By prayer you will draw strength, courage and faith from the Real Man within your heart of Love Absolute for the Self-in-Self.
3. By prayer you will get established in-Self-consciousness of experiencing Self-in-all and none will get harmed or hurt or injured by your humble and meek voice of prayer. Prayer is humility in the heart. Prayer

is the power of love in the heart for all. Prayer is the voice oneness of Life in all. Prayer is the voice of conduct Divine of the Real Devotee of Lord Existing in all. Prayer is Dynamic force of Real Power of the thought in the expression of Love by word and deed. Prayer is the Dynamic force of appeal of the Truth to all.

GOD EXISTS IN ALL

1. Pray to the Self-existence-in-all.
2. God alone exists, God exists in all.
3. See the Self-in-all, and all in the Self-only
4. Pray to the God-existing-in-all. For the God is the Existence-Absolute, the Omnipresent one.
5. Speech should be voice as a prayer only, for whatever you speak, is definitely, heard by the God, as He is with you, everywhere when you speak or even think of speaking.
6. Entertain noble thoughts in your Mind. For God is eternally with you, by you and all around you, and being eternally present with you, the Omnipresent One, knows all about your thoughts, however secret and subtlest be the form of your thoughts.
7. Non-violence, Truth and Self-restraint over own mind and senses is the Triple-Law of Life.
8. This Law of Life is the Divine Law, given by the Divine

Being, for practice in Life, to reach the Highest Being.

- Non-violence by thought, word and deed is great austerity by thought, word and deed. This self-discipline over mind and the senses, to control waves of anger, hatred, jealousy, coveteousness, and evils of these non-qualities. This practice will turn these non-qualities, into Love, compassion, Kindness, mercy and open the Divine eye of wisdom to see self-in-all.
2. Truth, by thought, word and deed, is a great austerity by thought-control, word-control and deed-control. Practice of truth by thought, word and deed, will create fearlessness, courage, Self-reliance self-confidence and awakening in Mind, to feel eternal existence of Self-in-all, and you will feel presence of God everywhere. The Omnipresence and Omnipotence of God will be realized by you.
3. Brahmacharya or self-restraint over the mind, the senses and the physical movements of the body will purify your mind, and you will remain unaffected by attraction and repulsion in your mental plane, by sight of forms and their voice. This practice will detach your consciousness from false identity with the body and desire to enjoy body-contacts or desires to enjoy external vision of external beauty of the perishable forms or desires to enjoy external sweet-voices, or enjoy any other objects by contact with the objects through senses.

12. O, man, be established in Ahimsa, Satyam and Brahmacharya conduct, if you want to experience and realize and see and know the Truth of Self-Existence-Absolute, to eternally remain in self-consciousness of Real Nature of the Self, Satchitananda-Swaroop, the joy Absolute, the Self-Peace-Absolute, the Self Contentment-Absolute, the Self-Knowledge-Absolute.
13. Thou art that, the God yourself in self and in all, the pure Immortal Life of Self the Knowledge Absolute of the Self in-all and all in the Self only. You are neither the body nor the senses, nor the mind, but the Master, the controller Self of the body, the mind and senses.

LAW OF INVOKING MERCY THROUGH PRAYERS ONLY

1. God is the Conscious-knower of your all thoughts, listner of all your words, seer of your all deeds.
2. You may know His Eternal presence within your heart as the Omnipresent, the Omniscient, the Omnipotent, or not; but your Spiritual-ignorance of His Being with you always and around you, cannot be accepted as His-Not-Being-Present-Eternally, everywhere as the Existence-Absolute.
3. Your Spriritual-ignorance cannot negate His Being Eternal Presence, His Omnipresence, His Omniscience, His Omnipotence, His Immortal-Existence, His Abso-luteness, His Perfection, His All-ness, His being

whole-ness, His Supremacy, His Being the Supreme Law-Giver, the Supreme-Law, the Supreme Law of His Supreme-justice, His Supreme-Judgement based on Principles of Eternal Truth, Love-Absolute as the Supreme-Judge.

- His Heavenly life of Self-establishment in His Own-Self-Consciousness of joy-Absolute is never affected by your nescience, by your ignorance, by your ego, by your pride, by your separateness from His-Being, by your denial of His Existence-Absolute, by your lack of knowledge of His-Being, by your ignorance of His Eternal Laws of Life by your lack of faith on Him, His Being, His Supremacy, His Absoluteness, or for the matter of fact by your own ignorance of the way of approaching Him, for receiving His benevolence, Mercy, Love or blessings.
5. Truly He is the formless, the nameless, the Absolute, the whole, the perfect, the Supreme-Self, the one only second to none, whether you know Him or not, your own spiritual-ignorance does not matter, nor affects His own Supreme-Powers of Mercy, Love and Compassion ?
6. For His Mercy, one who needs His Mercy, must necessarily believe in His All-Merciful-nature and must know about the Law of His Mercy, and must pray for His Mercy. Mercy is not a matter of compulsion or a force or a matter of a Right or a matter of command on Him, to show the Mercy. But it is a matter of begging from Him, through prayers only.

Faith and sincerity in one's own prayers offered to the All-Merciful-Lord, with complete self-surrender, make the man humble, and he begins to feel about insignificance as an individual, as a Jiwa, before Infinite Being, and his ego is thus humbled down the feeling of his jiwahood, being as being of powers at all, as being insignificant even of less values than a blade of grass on this earth.

7. It is only during such consciousness, when a Jiwa feels that as a Jiwa he is nothing, and feels in reality the status of Jiwa humbler than a blade of grass even then and then only God's Mercy descends in the human heart and he begins to see, the Light of God the torch-bearer, guiding him on the proper path for removal of his sufferings, in which he by his own ego-centric-actions, had entangled himself.
8. The only way to see Light of the self, is through sincere prayers. God is with us and all around us and knows, listens and sees us all. It is lack of self-confidence that Jiwa has lost faith on God.
9. To regain faith on God, is to regain the paradise lost and to enter into Heavenly Life of Reality; the life of perfection, the life of Peace and joy Absolute, within one's own heart here and now only.



CHAPTER—V
POWERS OF THOUGHT

POWERS OF THE THOUGHT

1. Nothing exists without energy, it contains in and around.
2. Energy is without you, as well, all around you.
3. You are a mass of living energy, floating in the Infinite ocean of the Energy.
4. You are from the seed of energy. You have got this body from the seed of the energy. From the energy, from the seed of energy this body is created, by the energy, it is supported. By the energy it has gathered the volume in the space. From the energy in the food and drink, it has gathered the mass of thickness and the growth to full size of the body. The energy in it is digestive-system, that draws the required strength from the food and the drink, to maintain the body on the strength of the energy. The prana contains the energy and moves to and fro, this mass of the body-form, in the space. The energy again consumes the mass of this body and weakens it, to make it unfit for further use and so the body falls down on the earth, in the space as useless thing.
5. The energy is in the every bit, every atom of the earth, the water, the fire, the air, the space and that subtler than the subtlest form of energy is quite invisible energy in the Prana and everywhere. That energy is the formless, the nameless, the odourless.

the colourless, the homogeneous, the pure, the full in full, the Omnipresent, the Omnipotent, the Omniscient, the Existence-Absolute, the Immortal life, the life of life in all. There is not a place, a spot, a thing, where the energy is not. This Immortal Shakti is the Immortal Power, the energy, the God, the Self.

5. In every cell of every drop of blood, in every vein, in every limb of the body, this energy is there. Valuation in the energy is the subtle form of a thought or an idea. The body moves & works due to the thoughts created by the energy and in the energy only.
7. Every thought is a thought of the energy and there is the Shakti in every thought.
8. Wrong thought discharge the energy in the wrong directions and bring experience of pain, disease and sufferings as a result of misuse of the pure energy towards wrong way of life.
9. Directing the thought power towards the Good, bring good results of good action, based on Good deeds, by thought (good) word (good) and the deed (good).
10. This whole world of forms and names is creation of the thought power only, and is expression of the thought power only, and lives or perishes by the thought power only.
11. Heaven or Hell is also creation of the thought power only. One creates Heaven or Hell only from the thought power. All actions, all the Physical, Mental, Moral & Spiritual movements by thought, word &

deed, draw inspiration from the thought power only. A thought is a great power, that makes or unmakes everything for us. Hell and Heaven both exist in one's own heart only, as created by one's own action, by thought, word & deed from the thought-power only.

- 12 Control your own thoughts from doing all that is bad. Whatever you know to be bad in this world that bad, is bad by thought, word and deed and so you should not do such bad actions, by a thought, a word or a deed; and no bad will touch your life, no bad will be given to you, no bad will be received by you, no bad days will be seen by you, no bad experiences will be to your lot.
13. If you are in troubles, due to past Karmas, you must learn from these experiences and become wise. If you want Mercy upon you, then show mercy upon others and the Mercy will be given to you. If you want Love for self, then give Love to Self-in-all and you will be flooded in Love. Whatever you want, that which you want, must be given away first, and then all will be returned to you in great abundance. If you want to experience the Infinite Love of Self, then Love all. Even the worst of all, must receive love from you, and you will yourself become the Infinite consciousness of Love Absolute.
14. If you show mercy to Self-in-all, then you will yourself become the Consciousness of Self-Mercy-Absolute.
15. If you want to become God, then be the servant of the God (Self-in-all) first, the Devotee, the Bhakta

and serve Self-in-all, Love Self-in-all, give away everything in all, and the name of Beloved God, to the Self-in-all. Be empty first, if you want to be full and perfectly full.

GO UP THE STREAM

by rope or ladder of noble thoughts if you want to see the God.

1. Life in God is to move up the stream through the Mental plane, by the Right Mental-attitude, in the Right, proper and Divine direction.
2. Before reaching the God, you have to go and swim up-the-stream-current of life on the eternal-floating-boats of noble-ideas, of the noble thoughts.
3. Noble thoughts, demand renunciation of sexual pleasures, renunciation of limited-understanding, renunciation of consciousness confined to feeling of ownership of land, wife, children, wealth, house, home, native-place, caste, creed, nationallity, colour, name, form of a body or an object.
4. God-seeing eye to eye,demands giving up of finite ego, attachment with bodies & with a feeling of possessiveness of this body or relationship with this or any other body.
5. Go beyond the feeling of good and bad you will realize the Real state of Real-joy, which is beyond

merit and demerit, beyond the horizon of doership of good and bad both.

6. Yonder, beyond, behind the consciousness of word 'Me', 'Mine', My or 'I'- I-ness and the worldly meaning of that word, is the Real-self-consciousness of Eternal Being, the Immortal-Guru, the Omniscient Guru, the Omnipotent-Guru and that He, the God, the God-head, the God-hood, the God-wisdodm, is within your own heart and same one in all.
7. Remember God and God alone will be seen by you in your Mental Zone, everywhere the same.

CHAPTER—VI
GOD-THE FORMLESS

WISDOM IS REAL GOD

Wisdom of the wise is Real Nature of God.

1. Wisdom is to observe God's Leela, the Drama of the Lord's Maya. It is Real wisdom of the wise, the Self-Realized-person, to witness the Dance of the Miss Maya the Dancing girl. It is wisdom of the Divine Master, to observe, see and watch with great patience self-restraint over senses, mind and body, all that comes in the Mental plane, to appear before him, whether good or bad as dance of the Maya, In case of bad visions-seen, the wise-Purusha, is he, who remains mum, undisturbed in Mental plane, as a great Muni.
2. And in the case of such adversity, he observes great patience, tolerance, silence, peace, when so remaining detached from identity with the visions of pain, disease sufferings, abuses, dishonour, disrespect, indignity, poverty; he shall remain unaffected by the adversity, which will have its own temporary existence, and will surely pass away, like a traveller only.
3. Such a man's self-contentment, self-peace and joy of Real Nature of the Divine Consciousness, never leaves him. And such a wise man only is one with God, always peaceful and at peace with the Real Nature of the Real Self. In case of prosperity, all good given to him, as a fruit of his own actions, he does not feel elevated or puffed up, nor he boasts of possessiveness

or of his powers. He does not allow fluctuation of his mind on receiving the good.

GOD IS TRUTH TRUTH IS GOD

- 1. God is the Truth-Absolute. Truth Absolute is the God, the Self, the Real-self, the Real Life of self, the Infinite Consciousness of the Self-Existence-Absolute.
- 2. God alone is. This alone is the Truth. All the religions are based on this Truth alone. There is no religion greater than this Truth, that the God alone exists in all forms and Names.
- 3. God alone is Real, all else is unreal. God alone exists, all else is but only delusion, illusionary, transitory, the vision of Maya in one's own mind, one's own imagination, one's own creation from one's own power of thought mixed with Maya.
- 4. God is one, second to none. God alone is, all else is Maya. God alone is. God alone has assumed all names and forms. He is in all, in every thing, in every form, in every object, in every idea, in every expression, in every vision, in every act, in every motion, in every cause, in every effect, as Eternal Principle of Energy in Nature, that moves the wheel of Nature. He is the Immortal, Eternal. ancient than the ancient, the Immutable, the Imperishable, the Imperishable-power-in-all, the Omnipotent. the collective.

energy of total-sum power-all, the witness one-in-consciousness of all, the all-knowing, the knower of all, the knower of each and every thing, the Omniscient, the wisdom-Absolute, the Collective-wisdom, of total-sum knowledge-all, the *Eternal-presence*, the *Immortal-presence*, the One who is Imperishable-presence in each and every thing and in all, the Omnipresent, the total-sum presence of collectiveness of Self-Presence-in-all, everywhere the same *Immortal-presence of Self-knowledge-Immortal*.

5. He is the *Immortal-Presence* in the Nature, but not the Nature. He is the knower of the powers and functions of the Nature but not the Nature. He is the *Eternal Principle* in the work of the Nature but not the Nature. He is the *Immortal Power* in the Nature but not the Nature. He is the *Immortal-knower* of all the three qualities of the Nature, but not that of any quality of the *Trigunī-Maya*, the Nature.
6. *Triguni*, the Triple-quality in Nature is the *Maya*, the Mind, the drama of the *Maya*, the world of forms and names expressing only Will of God, doing, dancing and showing His *Lila* only.
7. *Self-Realized-man* knows the Truth, and as one with this knowledge of the Truth, is eternally established in *Self-Consciousness of Self-Immortal Being*, the Omnipresent, the Omniscient, the Omnipotent Self and sees, hears, looks, listens, feels, knows and experiences self-joy-Absolute as a witness of the drama of self, through *Eternal-Principle of Being*, working the wheel of Nature, the creation, maintenance and des-

truction of form and names, as self-sporting of self with Maya of Self; because He is the detached soul, unconcerned with creation and destruction of the worlds :

GOD IN SILENCE

GOD IN GREAT SILENCE

1. God alone exists as silent witness established in Mouna, the wisdom in Greatness of His Absolute silence. He is the Great Glory of His Silence, as a Real knower of all, silently seeing all, as unconcerned with actions of the individuals. He being full in full, whole and perfect, is Desireless Lord, and He is established in the wisdom of Eternal Silence, Eternal Equilibrium, Eternal peace, Eternal Bliss of the Self.
2. A desire creates a motion in the Nature, and the motion is the thought accompanied with power, to assume a form. The form of the thought is subtle and invisible to naked eye and so it is called the desire or the cause or the causal-form. Agitation of the thought gathers strength of its own form and from causal-form, it assumes a subtle-form and that subtle is known in the form of the word uttered. Every word has a colour and a form of the speaker, the Maker, the Utterer of the word.
3. Then movements or suggestions or signs of the physical plane, the body, express the physical or gross form of the thought-power.

4. A word is subtle form of the Action.
5. A physical movement of the body is the gross form of the Action.
6. A thought is the most subtle or causal form of the Action.
7. *Physical and subtle form or the gross and the subtle bodies of the causal or Inner form of the Mind, express the Desire, only.*
8. God as a silent witness of all the Desires, in the Mind of the Man, taking shape, or preparing to shape or express themselves, from the Mass, atonce, gives a flash of light, in the Human-plane of intellect, showing him, atonce, future or consequences of his intended actions, and warns him, through Budhi, the Intellectual plane, about wrong actions and disasters that he will have to face, if he does not change his ideas or channel of wrong-thinking. Likewise, the Omniscient, the Omnipotent, the Omnipresent Lord of wisdom, within our hearts, gives a flash of Light, in our Mental plane, giving His sanction and blessings for good intentions, giving us courage and fearlessness as our weapons for success, and shows us the future or the destiny of the good Actions, ending in joy, peace, contentment and Immortality.
9. God is the indweller within the hearts of us all, and as 'conscience' pure, the Viveka, the pure wisdom. He is eternally guiding us on the Path of Good, and guarding us against the wrong-path, and eternally

warning us against the dangers hidden in wrong Actions.

10. When we ignore the wisdom of Self-voice, within us all, and take the wrong Path of Life, we soon find ourselves entangled into great troubles and then cry for help. God atonce, picks us up, once again from the sufferings but we again ignore Him.
11. O, wretched man, when will you wake up from the long continued dream-like-sleep from Great Ignorance?

GOD IS ALL GOOD

Take the Right Path, that is the positive Good

1. Good or Bad.....
2. These are like positive and Negatives of Life.
3. Flow of life current towards Good or Bad, towards positive side or Negative side, towards virtues or vices, towards Permanent or Impermanent phases of life, towards Peace, Prosperity, abundance, contentment, joy or towards disturbances, upset of Mind, poverty, Unpleasant and sorrows and suffering, towards Divine Nature of Self, or towards the shadow or Reflection or Unreal or the over-changing-phases of the world, towards Eternal-Bliss-Absolute of self or towards temporary joy of Impermanent nature of the world, whether towards God or towards the worldthis depends on one's own understanding, on one's own choice of selection on one's own free will..... God

as an Eternal Silent witness of all, has nothing to do, with and individual's own actions, decisions or a free will For His responsibility ceases, when He has bestowed 'Conscience' to a man and kept both paths wide-open, in the Books of knowledge of Truth the 'Religious' and given a free will to a man, to do whatever he wants and learn by experience. This world is a field of actions, where every person is allowed to sow the seeds and reap the fruit of his actions.

4. God as a general Rule, looks after those, who look upto Him, seeking His Help.
5. To look upto God for His help, is to pray sincerely to Him for His help.
6. To pray to God for His help, is to seek His help. To seek His help, one MUST, pray with utmost humility to God, and humility is a man, minus ego. When humility comes, then ego melts away. When ego melts away, then 'I-ness', and 'Mineness' disappear from Mental plane.
7. When 'I-ness' and 'Mineness' disappear from one's consciousness then such a man knows that he is a powerless without the Powers of God. Such a man feels himself to be humbler than a blade of grass even. How can such a 'wise-man' of 'self-knowledge' raise his head up and fight with anyone or hurt the feelings of anyone or become angry or fumed or furious to attack or assault anyone?

. Such a man eternally prays thus:-

“O, My Lord, I am dust under the dust of Thy Feet”
(Maha: Gandhi).

2. O, man, be wise and tune your life-record with the voice of God. Tuning finite self with the Infinite self is the only ‘Art-Real’ of living the life with God. And this art, you will learn from the ‘experienced-wise-Man’, who knows this Art of living with God and is really so living with God, select between the Good and the pleasant. Take the Positive side of Life, that is the Good only.

GOD IS DESIRELEES

Crucify flesh-satisfying-desires

1. O, Man, spiritual life is the life of Higher sacrifices.
2. This is the Life from brute-animal to human-qualities of Right-conduct. It is the life of self-culture, self-discipline with utmost humility, self-restraint over own senses to restraint senses from desires of enjoyments of sensual-pleasures, self-control over mind from moving self-body towards wrong-actions
3. Over-indulgence in material-talks by tongue is to be restrained. Over-eating by mouth is to be restrained. Desire for enjoying tasty-food by tongue is to be restrained. Desire for possessing colourful things, or for wearing attractive apparel, or dressing the body with fashionable clothes for a show is to be restrained. A desire for becoming rich in material-possession for

enjoying material-prosperity is to be abandoned. A desire for enjoying beautiful forms of flesh by eye is to be restrained. A desire for enjoying sweet voice of externality by ears is to be given up. A desire for touching soft skin by hand or skin, or for enjoying softness in materials is to be restrained.

4. A desire for enjoying any object of the world, the perishable material object or to possess any material object for enjoyment by sight (eyes), by ears (hearing), by tongue (taste), by touch (skin), or by any other sense, is a sensual-pleasure, and all these senses are to be restrained from such a desire of enjoyments by the senses.
5. This is crucifixion of flesh-satisfaction, or self-sacrifice of physical enjoyments by physical senses of the self-body, or renunciation of the desires for material enjoyments.

JOY IN HEART IS THE GOD

I wonder, what people mean by God or God's Darshan really?

God is Satchitananda Swaroop, the knowledge-Absolute of God Being absolute and all-in-all and such knowledge of God gives experience of the joy Absolute of union of the Jiwa with the God, the Brahama-vidya.

God is joy Absolute and the Bliss is experienced in the heart of His Omnipresence in our heart.

4. As long as you are cheerful, smiling, and quite happy, know that to be the experience of God's presence in such a bliss-giving heart.
5. This is God. That is God. Every thing is pervaded by only God.
6. God is one. He is in you as yourself, in Me, as Myself, in him as Himself and in all is That one Self, the God only. So I always repeat "God alone exists".

GOD IS ONLY A WITNESS

HE IS NOT THE DOER

1. God is only the Eternal Consciousness, that is a Silent Witness of the Drama of the Maya, His own Leela, the Dance of the Maya, the Acting of the Mind, the Motions in the Nature of three qualities in the Nature.
2. One who controls his own Mind, motions in his own mind, the surging desires rising up & falling down in his own mind and exercises, self-restraint over his own senses, preventing his own desires from taking the material shape of moving the body towards fulfilment of the desires, reaches the State of Mental Zone of Silence and enjoys Peace, contentment and joy of Reality.
3. One who gets so established firmly in the Real State of Self, which is the Perfect Peace, Contentment and joy Absolute in the Zone of Silence, becomes a mere Witness of the actions of the Mind, and so he

becomes Knower of the Truth, *Seer of the Self Real in Self*, *Seer of the whole Drama* and knower of the whole Drama of the Nature.

4. Such a man, who is knower of the Self, sees his own Real Self as the Non-doer, but the all actions arising by desires, waves, motions and thoughts, created in the Mind-lake, according to Law of the Cause and effect in the Nature only.
5. This is the Supreme State of the Self, beyond all senses, Mind & intellect, where a man remains silent and Mum, wonder-struck, like a dummy only, watching the waves only.

GOD IN SMILING

1. See the vision of God in the smile on the face of a man.
 2. See the vision of God in the Smile of the flowers, greeting everyone with speechless tongue of secret voice in silence.
 3. See the vision of God in the smile on the face of a man, although insulted, abused, dis-respected, dishonoured, and put into great troubles.
 4. See the vision of God in the smiling face of a man, although surrounded by trying conditions, to which an ordinary person would get perished, lost or broken.
- See the vision of God, in the innocent talk of a child.

6. See the vision of God as form of Divine Mother, in every woman, in all the three worlds.
7. See the vision of God in all your subordinates, who need to receive your sympathy and kind consideration always living at your Mercy and sweet good will.
8. See the vision of God, as attracting Nature of the Natural Beauty in the flowers, in the humans, the children of all races, of all castes, of all nations of all ages and worship the Divine Beauty of the Lord in all.
9. See the vision of the Lord in the Motherly treatment of every woman towards her children and feel and conduct yourself as a child before every woman-mother, if you want to know, feel, receive, experience and realize the Divine qualities of God in the form of the Mother.

GOD IN THE WORD KEEPING SMILING

1. God is eternal happiness in your heart, search for Him, the joy Absolute, within your own heart, and you will find Him there.
2. Keep smiling, for He is ever-joyous, never sad or unhappy He is. Identify yourself with Infinite Consciousness of Self-existence and every word uttered be treated as Government word from the Infinite heart of Love Absolute.

3. Every word spoken is His word and His word stands like unshakeable Himalayas Rock. Stand by your word, that you utter, at all costs, even at the cost of sacrifice of life and all, but don't violate your own spoken out word.
4. God's word is Eternal & Immortal. His word can never fail or deceive or be a bluff or a lie. His word is the word of unshakeable Truth, that must come to pass, that must take a form as revelation of the Truth of the word.
5. Speaking out a word and not keeping up the word is self-cancellation, self-deception, a bluff, a lie, and none would believe such a person, who fails to keep up his word.
6. Self-cancellation of a word, is cowardice, lack of Self-effort, lack of self-reliance, and such a man is held fast in the grip of Maya.
7. Self-Cancellation of a word, is self-confusion in the mind and lack of faith on God and that is the changing nature of the mind only, such a man is unreliable and lacking in self-courage to stand up by his own word.

GOD AS THE WORD

MAGIC IN THE WORD OF GOD

1. God as the word of Love-Absolute is the Magical word. There is no power greater than Love on this earth, in the heart of the Lover of the God as the Beloved soul-in-all.

2. Speak sweetly, from the core of the heart dipped in the ocean of pure-love-consciousness of self-existence in-all. Speak politely and respectfully with everyone, as if speaking in presence of the Omnipotent Self (God).

HE IS NOT THE DOER

1. God plus Desire is a Man.
2. Man minus Desire is the God.
3. Now the man has to become God again. So the man has to experience the Truth.
4. A man gains experience through ups and downs, failure and success, pain and pleasure, cold and heat, by contact of consciousness with the objects of the world and finally realizes the Truth by discriminating what is Real and what is unreal?
 - . Where there is want, there is no God.
 - . Where there is no want, there is God.
 - . A desire in a man, makes him an individual, a Jiwa, selfish. And it is the desire that separates a man from the Infinite self, Reality, the pure consciousness Absolute.
 - . A desire in a man, creates work for him to do, and consciousness attached to a desire, to achieve something, moves the body and the mind with senses and the intellect in the wheel of the Actions.

9. It is the feeling of doership, in a man, that due to ignorance, he thinks that he is the doer of actions. Infact, he is not the doer of any action, but only pure Consciousness, witnessing the doership of the powers of the Nature. He himself is the statue conscious-witness, Immortal Being, only Atma of all and in all.

DIVINE BEAUTY

1. The beauty shining so wonderfully before your eyes in Nature is the beautiful face of the Divinity, the Divine Mother.
2. The Natural Beauty all around us, is the Beautiful face of one Divine Nature, the Mother Nature.
3. The Divinity attracts our minds towards Its Beauty all around us, and we wonder at the Natural Beauty and also enjoy the blissful joy and experience the Truth of Lord pervading all.
4. Therefore we worship the Mother Divine, in Her Beauty in the Rivers, Sea Waters, in Wells, Tanks, Mountains, Hills, the Sun, the Moon, the Stars, the Sky, the Fire, the Earth, and also the cool Breaze, giving us a message of peace and joy. How joyful we feel when we enjoy the Natural Beauty on the Natural Face of the Mother Beauty?
5. At dawn the Mother Nature reveals Its Nature of Love and joy to greet us with coolness, calmness waves entering our whole being, and we are filled with Natural joy at that time.

6. Getting up at Brahma Mahurata time (4 A.M.) every day, we enjoy calmness of Mind and health and happiness too, because there is Mother Nature's Natural coolness, and calmness in atmosphere surrounding us all around.

A blissful smile on the face of a woman, is appearance of the Natural joy of Motherly looks. That wave of joy radiates the joyful currents in the atmosphere, all around us.

Innocence appearing on the face of a child, attracts our attention, because it only shows that there is no feeling of jealousy, ill-will, hatred or hypocrisy in the mind of the child yet innocent of worldly vices. That is Natural look of the Divinity hiding Itself within the heart of the child. It is Natural Beauty of the Divine Face of Love, and Truth.

Virtuous life valuating in the heart of a virtuous person, attracts us all towards him; because the virtuous life is the Divine Life and in that we see the face of Divinity, the Natural Beauty of the Divine Life, as Divine Mother. So we enjoy the company of the virtuous persons, because virtues radiate joy and bliss to our hearts, as their natural light and power of the Truth

- We enjoy seeing the face of a saint, a saintly person, a self-Realized-person, because his face radiates natural Love from his heart flowing with pure selfless Love for all. This is the Natural face of the Natural Beauty on the face of a saint, we see, which on

our look, at him, touches our heart and we feel joyful. This is the Divine Beauty of the Divine Life, on the Divine Face of the Divine Being, the Saint.

11. Eyes of the Brahma-Jnani, radiate wisdom to us. His face radiates a smiling Love of his heart. His tongue speaks of the Truth from his affectionate heart. He enjoys the peace of Mind, and in his speech, there is flow of Truth, Knowledge, Wisdom, Love and great Faith on God. He is embodiment of Love, Truth, Peace, Wisdom, Knowledge, Light and these Divine virtues in him, radiate powerful currents of the blissful life. So we enjoy the blissful experience of his presence with us. That is also the Natural Beauty of the Divine Virtues on the face of the sage, we see. So the Divine Mother's Natural Beauty attracts us, surrounding us all around, if we only open our eyes, and heart to allow our mind to enjoy the Real Beauty of the Soul, the Spirit, the God as, Mother Nature, the God as Nature's Love, the God as Nature's Beauty.
12. Real Beauty of God, can be seen in Divine Life of the Divine Face, the blessed body of the Divine Being, in the form appearing on this earth as a Man, as a woman, as a child, as every thing too.



CHAPTER-VII

THE WORD

PHILOSOPHY OF ONE

WORD OM. Reverberating Sound

1. OM : OMMISSIONS : That which fails you union with Self is prohibited in Religion as Law Command not to do.
2. OM : COMMISSIONS : That which unites you the Self is the Commandment in Religion as Law do it.
3. OM : COMMANDS : That which unites you the Self is the Command of Lord, Inner voice to it first.
4. OM : OMNIPRESENT : That which is all-pervading, eternal, indivisible, indestructible, homogeneous every where, at all times, beyond Time and space the Existence-Absolute is the voice of Truth reverberating sound of the word OM, in all.
5. OM : OMNISCIENT : That wisdom, the knowledge of Self, the knower existing-in-all, is the Immortal knower-self of all, in-all, the Birthless, the Decayless, the Diseaseless, the Deathless, the formless, the less, yet known by One Eternal Sound of the of Eternal one word Om.
6. OM : OMNIPOTENT : That, which is eternally established in Self-contentment, in the Silence-Absolute is the silent-witness of all, in-all, the source of

Power and all-life, the Immortal Being, realized by one word of Om only.

7. OM : COMMON : That, which is one and the same Reality of all life, the Immortal Consciousness pure in all, the Stone, the Metals, the Water, the Vapour, the Ice, the Air, the Fire, the Space, the Earth, the Vegetables, the Worms, the Snakes, the Fish, the Birds, the Animals, the humans, is same one, Common-Existence-Absolute, in every thing and being, in animate, as well as, in the inanimate, eternally vibrating sounds, or reverberating the silent voice of Om-Om-Om.
8. OM : OMNIBUS : That vehicle, which carries any one or every one or all, irrespective of castes, colours, creed, faiths, nationalities, religions or avocations of life is meant for travel of all. Each form is vehicle of the Self, the Atma, ever-abiding in each and every form and in every being and thing.
9. OM : COMMISSION AGENT : That, which acts as an abiding factor of the Truth, moving between the two, to settle all the disputes, is an arbitrator, and that which acts as a Media between the Man and God is the Commission-Agent, the Sat-Guru, the Spiritual Guide, the Divine Teacher, the Master; who receives ego on behalf of God from the devotee aspiring to see God, and takes him to God.
10. OM : EK OM-AKAR : That, which establishes faith in human-life and shows glory of God to the humans, is the One (EK) First word of God, the Om

only, from which all other AKAR= forms and Nam receive explanations by letters and words, and for the Bible (Guru Granth Sahib) of Sat-Nam (expressions or revelations of the Truth of the One Name only).

11. OM : MAHOMMED : That, which is Nure-Mahommed, the Light of the Prophet Mahommed reverberates in the sound of the word OM in His very combination of the all sounds in His Name.
12. OM : COMBINATION : That, which combines one with one, or one with severals or severals in Om only, is the word OM, in the very meaning of the word OM, found in combined.
13. OM : COME : That, which says come, come, come, is the God Himself, in the very meaning of the word come, come, come, and that which says come, is the word Om the symbolic sound of God, in the word come, so very hidden truth of the sound between C and E. 'E' represents Yee or you, C stands for all, Common.
4. OM : COMRADE : That, which is eternal comrade, the Real Friend of all, calling every one as Comrade, is the sound of word Om. in the frame work of the comrade. The word Om is calling every one to self, by addressing you. Come, My Comrade, My Friend to Me with the help of My Eternal word Om-Om-Om.
5. OM : COMMUNITY : That, which forms a union of manyness in oneness of men, women & children of all ages, is the word Om in the community word Om is Common in every Community.

16. OM : COMMUNISTS : That, which goads the hearts of people, to respect & obey the principle of Truth 'Live and let Live' in this world, and so work for distribution of the wealth of materialism, is the Inner voice of the word Om, unfolding reality of life, in the philosophy of Communists.
17. OM: O, MAN? That, which is the first sound of Om, is O, inviting eternally consciousness of a man, to come out of the Rounds (O) of Births & Death, which is the cycling round of desires in you, so better leave that unsatiable Round and beyond that is M, My Real Abode of joy Absolute & Infinite Rest, Peace & Contentment Perfect.
18. OM : O, MAN? That which is the sound of O is the symbol of the Round the world, the Reverberating sound, once set in Motion, from Me, the self of self, the God. O, should awaken Consciousness in Man, to see Real Self of the Real Man. Man is the Real Image of God. God made the Man in His own Image and gave first Letter of His Name, 'M'- Man, Manushya, Manuh, Mary, Mine, Ma, Mai, Mahommed, Muslim, Mere, Me, Manne, Madha, Mukhi, Mukhya, Mahera and so many symbolic names to begin with 'M'.
19. OM : MOTHER : That, which sounds Om is traced in the Beloved of all the Beloved Names of God, the Mother-Divine, representing all-Shakti, Uma, consort of Shiva-Shakti. The Creator-power of all the forms and the Names, the illusion.

20. OM: WOMB : That, which sounds as OM, if found sleeping in the sleeping-state in the womb of creation Shakti in human-womb, animal-womb, in the womb of even the earth, from where vegetables, food and all comes out in several kind of forms and names given to the forms.
21. OM : TOMB : That, which rests ultimately in Tomb, is also the same reverberating sound of eternal word Om, found in the very last ceremony of disintegration of the forms.
22. OM : CEREMONY : That, which appears and ever-persists its original sound, in all the ceremonies of life, is again the eternal sound of word Om, never missing Its sound in the word of any ceremony.
23. OM : FROM : That, which sounded the word from, signified the meaning, to denote the beginning of, originating everything and all from the First sound of God, OM, the symbolic Name of the creator Lord Brahma.
24. OM : ROAM : That, which sounds as Roam, says that the First sound of God, the Nad, is set in motion and that very word Om is the energy of all things come to motion, Himself remaining as a Motionless and silent voice of OM, reverberating in the roaming of all.
25. OM : HOME : That, which is Thy Sweet Home, is inclusive of the Eternal call of Divine within It,

eternally making you repeat and remember Thy Divine word Om, while remembering Home. In this body-Home, is that sound of Om. In every Home exists Inner-voice of the Sound-original OM.

26. OM: ROME: That, which is the centre of all Divine-Powers of Christian-activities of the Universal Religion of the Christians, is Named Rome, and in the pronunciation of that sound place is also the inevitable sound of Eternal word of God, the OM, ENTIRE, EUROPE, is influenced by the Rome, the sacred place of Church-Home of Christians.
27. OM: BOMB: That, which explodes fire is the Bomb, and here also is the word of all-power, Sri Ram O, Om.
28. OM: ATOM: That, which is smaller than the smallest, atom of the atom in the dust, not further divisible and the indivisible particle of the Light in the dust is so powerful as worth the renowned Name of Atom, and this concentrated atom of energy, when released, can destroy the whole world of forms and names. This also reminds you of the Power of the word Om in it. As if without the power-infinite in the word of God, the Om, even the word Atom could not denote the powers of It, the Eternal Shakti in the one word of God only is sufficient to efface everything from the world, to merge back the entire universe into one homogeneous mass of the formless energy only.
29. OM: HOMOGENEOUS: That, which is compact

mass of joy Absolute is all-pervading and glorious only. That also needs sound of Om.

30. OM : COMPACT : That, which is hon and compact mass of bliss Absolute, is glor cause of the sound of the First word of God, in it only.
31. OM : COMPANION : That, which is your Companion, in your close and eternal compan Name of God, the word Om
32. OM : SHIVOHAM : That, which is being wor by the Name of Shiva is inclusive of the origin of God, the Om.
33. OM : SOHAM : That, which says Soham, to say that, that original sound of the word am: That I am: That word I am. That Om That Om I am in all, and all are existent in th word of Om. That one word of Om, reverber different forms and Names, reminding of Self-cusness in all human-hearts, by taking-in, inhal exhaling-in by every breath, by severa di Names-sacred, of the God, the First sound, tha rated in the silent-Light of God:-
 - A) Christians:- Offer prostrations to sacred C of Rome, and utter several wor daily use of their tongue, whereby resounds in their heart.
 - B) Muslims :- Take the Name of Prophet Mahon with great faith and reverence. that word, reverberates the soun

notes of Om, the First vibration of God, by which all come into motion.

C) Sikhs : Recite daily the First word of EK-OM-Akar, of their Holy Granth Saheb, where by the First word of God, the OM, resounds in their hearts.

D) Hindus . Vedas the Crown of Hindu Books of Holy knowledge begin with the first word of OM retaining Original sound of God's voice.

34. OM : ॐ A U M : When, the word ॐ Om, is sounded in gradual punctuations. It spells of three symbolic-Meanings in great details:-

a) Its formation as A, U, M.

Signifies one for :- Brahma : Lord Creator,
another for :- Vishnu : Lord Preserver:
third for :- Shiva : Lord Destroyer:

b) Its combination of three notes in the sound also unfolds inner meaning to know of three bodies in one:-

1) Gross : Anna-Mai-Kosh :

2) Subtle: Prana-Mai-Kosh :

3) Causal: Mano-Mai-Kosh :

c) It also invites the punctuations to know the Nature, of three qualities, unearth the truth to a deeper philosophy of the phenomena, seen in the world:-

1. Tamas : Dark : Bad Actions :
2. Rajas : Red : Admixture of actions.
3. Sattawic : White : Good Actions.

d) It also reminds of three states in which all move or live or exist or pass through:-

- | | | |
|------|-----------|--------------|
| 1. A | Awakening | Human life |
| 2. U | Sleeping | Inanimate |
| 3. M | Dreaming | Animal-life. |

e) It also gives you a key: to know that:

- | | | | |
|-----------|--------------|------------|----------|
| 1) Knower | 2) Knowledge | 3) Known | are one |
| 1) Lover | 2) Love | 3) Beloved | are one |
| 1) God | 2) Guru | 3) Devotee | are one |
| 1) Guru | 2) Gayatri | 3) Ganga | are one. |

35. OM : ॐ : That, which is Real symbolic Name, Om of God, written in Sanskrit, the Mother of all the languages, proves nearness between the Religious heart of the Hindus and the Muslims, as their original symbol of worship of the Reality:-

ॐ in Hindus.

ع in Muslims.

In both cases, it is the Bindu, the point, the dot only, that is fixed for concentration, as the symbolic zero, (the Fana), meaning Nothingness, which they have to realize and from where, they get revelation of Everything.

CHAPTER-VIII

DIVINE STATES

DIVINE STATES

1. Progress is always slow and gradual, step by step, stage by stage, of self evolution of a soul, to reach the Highest peak of perfection.
2. This all depends on one's own personal interest and efforts and surely not on external circumstances in which a man is made to live, work and grow. External conditions automatically change, and get adjusted by inner-ruler, as per one's own personal zeal, interest and sincere yearning to march towards the ultimate goal of life.
3. God has given enough common-sense and intelligence to every man & a woman, to adjust with living-conditions, to draw utmost benefit from existing-circumstances, if he or she only has a will to do, what he or she really and sincerely aspires for: Willing-aspect of life is a dynamic-force in a human-being and through own 'will-power' he or she can do, whatever he or she sincerely wants to achieve. Nature yields a way before the 'will-power' of a being. This is the law of life. A man of 'will-power' gets victory over Nature. This is eternal principle of Truth.
4. On Self Realization, the Self Realized person, sees all-in-self and self-in-all. He works, yet remains aloof from effects of works, and so the Self Realized person though seen doing all kind of works, is really doing no

work; for, he knows the Truth of life; that it is the body with senses engaged at work by the Law of Nature, 'work for the sake of work', 'Love for the sake of Love'; and he or she (the Self Realized Person) is only the 'Indwelling-Eternal-Witness' of the Nature's work; as a natural thing; with which he or she in reality is not attached. This is the state of awakening in a person.

5. In this state of Self Realization, the Self Realized person, lives in 'double-consciousness'.

viz: 1) witnessing state: Yet

- 2) Retaining consciousness of forms. This is the most adorable state of a Self Realized person, the Karma-yogi cum Giyan-yoga : Action and Divine-wisdom here in this state co-exist; to render 'Divine-services' to the world. Every thought, every word, every action of a Self Realized person, is Divine-expression, where in that state, the human-body of Self Realized person is charged with Divine spirit as an instrument or a vehicle of God, for His work, to live and guide the people on the path of Righteousness (Dharma Yugti) for self evolution. This is the Highest living state of God; Where-in; He leads the world, towards Self-Realization, Here God acts as spiritual-Master, the Satguru Deva Bhagwan the Satpurusha, the Self Realized personality in a human form.

6. This is the most responsible job, the most arduous, and difficult of all other states to live in. For to remain in pure consciousness of Divine-hood State of Self-Realization, as such, and also to work as an ordinary person, in this world, without least attachment with any one or any thing, is the most exalted state of life in a being.
7. That is 'God-Man'; Satguru's state or 'God's' expression through a Self-Realized person's living-cells in a human-body on earth.
8. Then comes, a state called zone of 'perfect silence', motionless-state where the 'God-Man', remains most of His or Her life-time, in speechless, actionless, and Motionless state. This is 'Man-God' state or 'Man' becoming 'Image of God' now. This is the last or end of life; where-in all consciousness about the world is being lost to winds now. Both internal, as well as external, connections with all are being completely now severed by the Self Realized person; to forget from own consciousness of things seen or things that seem to catch one's attention outside, drawing out of mind.
9. This is complete withdrawal of mind & senses for

STATE OF ACTIONLESSNESS

The Lord Says:-

“Not by non-performance of actions does man reach actionless; nor by mere renunciation does he attain Perfection.”

0—0—0—0

“State of Actionlessness or Perfection”

1. As long as world of forms and names exists, which does exist before our very eyes, action is the king of all, and none can exist even for a moment, without action.
2. Action is nothing but a motion in the nature. When nature stands in equilibrium, all actions will end in voidness.
3. As long as Mind exists and is known to be something other than the ‘body-gross’ though in the body of everyone the very nature of the Mind is to do something. She cannot remain quiet for a moment even She cannot live without an action. She cannot live without creating waves, thoughts, desires in consciousness in us. And as long as there arise waves, thoughts, ideas, desires in the Mind, these are the motions in the one’s own Nature, which will drag the man to move along with the motions in the Mind.
4. So it is by controlling the motion, the waves, the ideas, the uprising thoughts or the desires in the ‘Mind-lake’.

that we can slowly and gradually, step by step, reduce the uprising of new desires for action and cancel all unnecessary or say a great number of them which are of the type of flesh-satisfaction or for personal comforts of selfish-motives. Thus if we go on searching enquiry within our own Mind, as Masters of the Minds, and do not obey the tossing nature of the Mind, or do not fulfil such desires of the Mind, which entangle our life in Doshas, e.g. lust, greed, anger, pride, arrogance and above all attachment with sensual-pleasures, then we will know in the quietude and calmness of the life, what is really good and necessary for us to do.

5. To know exactly this, is to know the Will of God, and to do only that, is to obey the Will of God.
6. As a matter of fact, these will be a very few ideas as principles of Truth, on which our very life is based for peace and joy to us.
7. That is to obey the Divine Voice and to allow this body, with mind and senses to submit before Him, to do His Will, is the only Dharma of every human-being.
8. Now, that we obey as Will of God, is obeisance in reality, only when we do all that work, with self-surrendering-attitude in the work. Then we will have no right over the fruits of the actions, for we, the body with the mind and senses are only servants of God, engaged at His work, for Him only:

9. Consequences of actions are a natural course of Divine Rule, but we should not feel of doership or creators of the cause and effect.
10. By constant practice of living upto the principles of the Truth, and feeding the Mind with idea of non-doership, when all past-impressions get purged out, as vasanas of past Karmas; our Mind will get unloaded of the sinful life. And thus freed from ignorance, when 'Mind-blank' or purified, becomes a mirror, wherein, we see the Real Nature of the Divine-Self.
11. Thus Glory & Majesty of the Kind becoming known, the Mind falls in Absolute-Love with Him and losing its identity becomes one with the King-Self.
12. When the mind merges in the Real Nature of the Self, no more ideas or motions are known to the Mind, for it loses its existence in the Absolute-Being.
13. Such a man realizes the Self-perfection, and being established in the Self-Consciousness, becomes unaware of actions by thought, word and deed, though engaged at work, and seen by others speaking and doing the work. Though engaged at work, yet he remains unaffected by the work, as if he has not been doing or speaking.
14. Such a man is always joyous, jolly, joyful, cheerful, peaceful, self-contented, and over-flowing with joy, peace and happiness to all and for all.
15. This is the State of Actionlessness or Worklessness or

Samadhi or Movements of the Body in Nature, or tuning of Life with Voice of God, or Perfection, or Life with God, or Oneness of Life with Self.

16. Though at work, yet not affected by the work, as if nothing is done by him. Nature works, and he lives as a mere witness of the work of the Nature from this body, that body and all.
17. This the retirement of the mind and the senses to the Self-Abode, is the Divine-Pension, so laboriously earned by the Right Action.

BEYOND KNOWLEDGE OF IGNORANCE AND THE WORLD

Beyond, Beyond state of God

1. This is that state where God is in His original state of Nothingness, perfect silence, vacuum, void, chid-Akash, where He is beyond the knowledge of this world of relative virtues, attributes, forms and names.
2. This world is nothing but only the God in various forms and names and because of relativeness, the 'Law of Karmas', Action and Re-action, cause and effect, voice and echo operate and that is the Divine Life based on definite principles.
3. It is the principles of the Truth, that saves the world from destruction, whereas violation of these eternal principles creates havoc, upheaval, earthquakes, flood, fires, wars and that is the cause of creating commotion,

troubles, crisis, famines, and sufferings.

4. Life of a Religion leads to prosperity, peace, and joy. Life violating Rules of Religion, invites forces of the Nature to attack the easy going life on earth and arrests the human mind from making a head way towards the revelation of the Truth.
5. But when the state called Beyond, Beyond this world of Names and forms established on Principles of Being is reached, there is no sin, no virtue there. All reasoning and imagination disappears there. That is a state beyond knowledge and Ignorance both. No knowledge of a sin or of a virtues exists here; because, knowledge of the world of the forms and names vanishes here. This is beyond all activity of three qualities (Tamas, Rajas, Sattawic) of the Nature. God alone exists in His own original state of attributelessness.



CHAPTER-IX

PRAKRITI AND PURUSHA



PRAKRITI & PURUSHA

1. Jaya Shree Bhagwan, the God, the Allah, the Lord of Lords : In Geeta, it is declared by the Lord, that all the actions are being done by the modes of 'Prakriti'. The ignorant person, because of delusion over mind, thinks that, he is the doer, vide Chap: III-27.
2. As such we the humans in life, have to understand the philosophy of Truth, to know as to what is the nature of the mind, what is meant by the delusion of Maya over mind & what is the Real Self, called Atma, Paramatma, the Sakhshi Swaroop : In order to understand the Truth of teachings, we must refer our mind to Holy Scriptures & sayings of Self-Realized-Persons. As a lay man with limited power of imagination, is bound to misunderstand the direct teachings of a S R. Satpurusha : That is why every S. R. saint has taken pains to explain the Truth, by frequently making a reference to Geeta, & other Holy Books to support the revelation : Here I would therefore tell you, the reader of this small book, to please open the Geeta & refer to Chap: III-42: Herein the Lord says, that superior to the body are the senses, and superior to the senses is the mind, & still superior to the mind, is the human intellect, but superior to even the intellect is the Atma, the Real Self, the Eternal Being,

the Immortal Being, the Purusha, the Purshotam, the All-Seer, the Lord, the Indweller, the All-Pervading, beyond death, birth, disease, decay, the Eternal Light with us all.

3. Now, we can try to understand, that all that is seen outside, as the world of names and forms, is phenomena of the Nature, subject to changes, as only vision of seen & lost : That is to say, that, whatever we see, as objective side of the world, as bodies, things and objects, are all for a definite period of stay or appearance only: Time will come, when, we shall not see the same persons in life, one day; because there are subject to death or disappearance from the world of perishable nature : That which has a birth, must necessarily have a death also, Birth of a person is appearance of a body, on this earthly plane for a limited period only, and it must go back to the source, whence it come, on this earth, Intricate is the nervous system in the human body, which is the creation of the Law of forces in the Nature: A human being is gifted with the Power of understanding, and he has discovered some truth : about illness, causes, remedy etc, but yet he CANNOT have POWERS to bring back life in a dead person. This is the guarded secret treasured by the Mother Nature in Her Bosom, from limited power of a man's understanding.

ॐ The PURUSHA is the silent Witness, of the Divine Drama of the Prakriti. The PRAKRITI is the Law of Creative Energy, Shiva Shakti, that creates

from the Matter. forms, objective side of the world, Maintains and re-claims back to Matter as Destroying Agency too. Thus the Trinity is the SAME Energy, in three different phases of life on earth; also termed or defined as, Brahma, Vishnu & Shiva. This is Eternal Play of the Natural Forces, seen, known and experienced in day to day life on earth. The Lord says.—He is All, Pervading & Homogeneous & Perfect. There is not a place where He is not. He declares of SELF as unborn & Immortal, beyond birth, death, decay & disease: (Geeta IX-11) In the ANIMATE as well as in the INANIMATED, He has declared His Omnipresence: (Geeta X-39) of the WISE, He is the WISDOM: See Geeta X-38. We are gifted with the sharp & subtle wisdom to know the Truth For that, the Lord has shown the Path, in Geeta, Kuran, Guru Granth Sahib, Vedas, Upanishadas & All the Holy Books of All the Religious of the world :ॐ: See Geeta, VII-9, VII-14, X-38, IV-34, IX-11, VI-1, VIII-4, IX-23, IX-27, IV-42, III-13, and XVIII-66 and also other relevant paras: Vedas declare in open words, the essence of All-knowledge, that, a human-being is essentially Divine, but one must follow the Divine Path, under guidance from a Living Master.

5. ॐ The proper word for the Spiritual Master, who teaches you, the science of Truth and art of living, called Brahmavidya, Science of Soul, knowledge of Atma, and guides you on the spiritual path for communion with the Lord, is the Satguru Deva: He is none other than the God Himself in the form of a

Man: For God made the MAN in His own Image. It is the Mercy of God, to have assumed the form of a Man (IX-11) to guide the human mind on the path to Self-Realization: It is the self-Realized-Person in life (VII-9) who acts in the play of God as Satguru Deva Bhagwan. So it is necessary for a learner of knowledge of God, to behave in the manner, according to the fundamental Rules of Conduct, shown in Geeta & other such Holy Scriptures as an authority on the Religious Path; God is both, with form as well as without a form: With form He is the S. R. Satguru for leading the ignorant persons of the world, through the Law of Renunciation of egoistic conduct to egoless conduct, to see own Atma in all. For becoming one with God, you have to prostrate yourself before the wise Men & render them all forms of service and then in prayerful attitude of mind, you may put questions, to the wise Seers of Truth, and they will release the knowledge of God to you: (Read Geeta IV-34 as Authority) That is called Self-surrender, or dedication of life or Sharnagati, at the lotus feet of the Lord. This Treasure of God, is for the humble one, egoless person, who surrenders his all, at the sweet will of the Lord: The Lord clearly says so in Geeta ... VII-14. "Wonderful is the delusion of My Maya and no body can cross over it, but however only those who take refuge in Me, are helped by Me, to cross over this Maya." At another place in His words, the Lord advises Arjuna, whom He is revealing the knowledge of Self, vide Geeta XVIII-66 "Leave your all Dharmas, and take My refuge only, I shall liberate you from all

sins grieve not, Arjuna.” This clearly implies the inner sense of teachings and wise advice of the Lord, for a learner, that he should take complete self-surrender of whole-being, and should not doubt the words of the Self-Realized Master: Complete Perfect and unconditional and unreserved should be the self-surrender of life, body, wealth, wife, children and all belongings and whatever the Sadhak possesses or controls, should be treated as trust of God, with him.

5. ॐ When everything and all, whatever you thought was yours, now after getting initiated, became virtually and really that of the Satguru Deva Bhagwan, where is the cause for you, a man of limited intelligence, then, to worry for a loss or a cause of pleasure for a gian? A real & sincere aspirant on the spiritual path, must ask own mind, as to when he & his all, belongs to God, then still why should he worry, for anything? All that we see, is short-lived vision only. Objective side of manifested things, is of perishable nature and must after some time, disappear to merge back in the Imperishable & unmanifested, from where, manifestations came up in different forms and under names. Once the mysterious working of the Laws of Nature are known to us, we know the Truth, that the Prakriti is ever engaged at own work, with which our Atma is not concerned as a doer or as an agent, and that, the Atma is Light of Lights, that enlightens our Budhi, to know the Reality of life, the ever joyous nature of Atma, will only cheer up all, laugh at foolishness of

a man, attributing doership to Self, due to delusion of Maya over mind only. Once this veil of Avidy removed, by the Grace of Guru God, the cause sufferings gets automatically removed.

7. ॐ One has to pay heavy price, for regaining the para lost. This is the question of Jeewan Mukti, libera of self, from bondage with Maya. One has to re the peak of Perfection, which is the Real State SELF (IV-42) beyond body consciousness. The c aim of life is Self-Realization, untill such time jiwahood does not melt the ego of doership and un & unless the Jiwa identifies self-life with God-ho Parmatma, one revolves in the cycle of births & deat according to the Law of Karmas, the theory & phil sophy of cause & effect.
8. ॐ Therefore Satsanga, the company of the wise Me contacts with the saints, associations with the Sel Realized Sages is of Paramount importance on th Royal Path. This is the path of sacrifices, self-deni eradication of ego, the cause of ignoraace for sel evolution.
9. ॐ A man is unnecessarily haunted by the ghost o fear, suspicion, nescience and delusion over mind It is not necessary for every person, to leave family life, or avocation of life, or married-life, or a wife and children or a job in this worldly life. All that, one has to eradicate is to eradicate finite-ego of

doership. Act wisely and surrender virtuous deeds and the fruits of the deeds to the All-Knowing-God (VI-1) That is the Real meaning of the words "Sanyasa"- (Geeta VI-1).

ॐ He who has Realised the Truth, declares fearlessly in open public, of the Truth, Mahayakyas of Vedantic Utterances ...

"Aham Brahma Asmi": I am God.

"Tat Twam Asi": You are same.

"Servam Khilvadam Brahma": All is God.

"Eko Brahma Dutiya Nasti": God is one, manyness is delusion.

"HARI OM Tat Sat Brahma": Hariom is the Name of God, essentially Divine.

ॐ When God is One Homogeneous Perfect, whole Being, Immortal, Eternal, Spaceless, Timeless, Birthless, Deathless, Decayless, Diseaseless, Infinite, unaffected by virtues or vices of beings, Omnipresent, Omniscience, Omnipotent, permeated by all, where is the place for you, separate from the All Pervading Atma? Blessed Reader of this little Book, you have only forgotten from your memory own Real Self, Satchitananda Swaroop, and therefore you are far from own Divinehood: Come and learn and follow the Spiritual Path, if you want to liberate own life from sufferings, painful experiences, worry and every wrong idea about own Real Satchitananda Swaroop.

12. ॐ Take the Right Path now, to think of the Right to utter the Right and to do the Right, for Dharm means Right conduct of a person in daily life on the earth of the Beloved God: You have to come one day back to own Real Abode of Eternal Peace & bliss absolute. Even after millions of births, if one gets into contacts with a Satpurasha, he is yet a fortunate person, I say: It is false ego and pride in a person that, one thinks, that, he can directly walk on this path, to reach the Temple of God, within own heart without help of a Self-Realised-Master. That is self-ignorance: For learning any art or a science, you need a Teacher, so also here, on this Path, leading towards Abode of God, you need the guidance from the Self-Realised Master.
13. ॐ Earlier the better for you: Get up from slumber of ignorance and see the Light of Atma, the Glory of God, before you leave this body as a dead thing on this earth. Come here, or go anywhere in Satsanga. Real meaning of Satsanga is association with the Self-Realised Persons, wise seers of the Truth in life. It is ignorance to think that God is dead or Self-Realised-Saints are dead or a Self-Realised-Satguru is dead; A Self-Realised-Person is the Real Living Image of God: He is the Self-Realised Saint, the Speaker of Truth. The Guide, the Satguru, the Satpurasha: All Religions are but several paths leading to the same Goal of life.

14. ॐ Every Religion Speaks of ONE GOD and speaks of necessity of a Guide on this path. Rama had a Guru. Lord Sri Krishna had a Guru. Lord Jesus Christ had a Guru. My Revered Master H. H Sri Swami Sivanandaji Maharaj had a Guru. None can safely cross over the delusion of Maya, without self-surrender at the lotus feet of Lord in Guru: When the Lord is all-pervading, do you mean to say, that the Self-Realised Guru is other than Him?
15. ॐ Practice maketh a man perfect: Abhyasa Ki Jaya Hai: An ounce of Practice is more than tonnes of theory: Listen, meditate and act, First listen the voice of Atma, then meditate over the voice of the Guru and then put the words in practice: SERVE: LOVE: GIVE: PURIFY: MEDITATE: REALIZE: Tat Iwam Asi: Thou art That: Be Good: Do Good: Be Kind: Be Compassionate: All is Thy Atma: Serve Thy Atma in all: Love Thy Atma in all: Love all: Hate none: Love all: Embrace all: show due reverence for life in all: All life is sacred: Hari Om Tat Sat Brahma; The only remedy to remove sufferings, wars, quarrels and imbalances is to know the Self: Hari Om Shanti: Peace to you: Peace to all.
-

CHAPTER-X

VOICE OF GOD

VOICE OF GOD

Holy Scriptures are voice of God

Renounce from life, all that is irreligious conduct.

Renounce all actions, thoughts and words, which thoughts, words and actions are forbidden thoughts, forbidden words and forbidden acts, in the Religion of the Heart of God.

Every Religion is the Heart of God. The Book of knowledge of God is the Heart of God. Read the Heart of God and listen His voice.

1. Ahimsa, Satyam, Brahamacharya, Asatiya, Aparigraha, is the voice of God, in the Holy scripture of His knowledge (YAMA).
2. Santosha, Shonchaya, Swadhayaya, Tapassya, Atma-Samarpanam, is the voice of God, in the Holy scripture of His knowledge (NIYAMA).
3. Sit Stead fast, with Mind intent on God, and remember Him, with peaceful mind (Asans). This is a key of Self-control over physical movements of the body. This is voice of God in Holy scripture of His knowledge.
4. As a further help to control the tossing nature of the 'Monkey-like-Mind', practice a few rounds of pranayams, with consciousness to control the mind.

This is voice of God in Holy Scripture of His knowledge.

8. Thus having Practiced in accordance with above given outline, after such continued practice, when mind is purified, then learn to withdraw senses from attachment with sensual objects and apply the purified mind towards your Goal of life. This is voice of God in Holy Scriptures of His knowledge. How can there be happiness to the peaceless? (Gita: II-66)
9. Have some picture or Murti of God, whose form is accepted by your mind as the form of Murti of Bhagwan, and that with which you want to have inner-contact, or that, which you want or long or desire or aspire to see or know. This is called Dharma or that which your mind accepts for God.
10. Now close your eyes and think of that Murti of God in your Mental plane and have inwardness of mind gazing on that only. Mentally repeat HIS NAME. Thus keep the mind fully engaged in repeating the Name of the God and also simultaneously consciousness fixed on inward-gaze on Him.
11. Time will come, when mind will receive knowledge of God, from the object of gaze at the object of concentration upon..... and you will see, know, feel, experience and realize the True Nature of God, and know that God is with you within you, all around you and He alone is, all else is only delusion over one's own mind, due to assertion of personal or

individual-ego, the feeling of separation from Real Nature of Self alone causes, effects of dance of Maya in one's own Mental plane. This is Samadhi or oneness of Life or Self-Realization, or God-Realization or Self-knowledge, or a state of Desirelessness, or a state of equal vision, equilibrium, peace, contentment, joy Absolute. Realization of Natural state of self is God Realization. Remaining established in Self-consciousness of Real Nature of Self, is the Natural state of Samadhi.

VOICE OF GOD

1. Vedas are the Real Voice of God.
2. All Religions are based on the Eternal Principles of Truth, for self-Realization, as several and different Paths leading to one goal of life, the God Realization.
3. Therefore all Religious Scriptures are the vedas, the knowledge, the voice of the God Himself.
4. One who knows God, knows the Real self, and the vedas say that one who knows the self, is the self known of self knowledge, the self in all and see the known of all in self only.
5. Therefore everyone knowing the self, knows the self and the self in all. None but self-in-self, alone exists and That He Himself the God is the self.
6. This is a state of self Realization, the state to be experienced by the Individual-self, by the Jiwa.

7. Yet it is the Jiwahood that sees non-dual-self infinite One. Yet there is the seer (the self, the seen object, Reflection of self) the seeing light (Connecting-self). The seen is the Maya, the seer is the God, the sign of self, seeing the Maya (Reflection) of the Power of self Magic.
8. One who is eternally so established in self-consciousness of self-witness of Dharma of self (the Maya) such a man is one with the seen (the God) Being the seer of the Dharma of the self. He can well understand His own Leela, and can guide others, the world from following down into the Ditch, the ocean of great darkness.
9. Such a Man is not an ordinary man but the God Himself appearing in Human Form as a Man only. Well, Lord Krishna was seemingly a man in Human Form only, and yet none but He alone declared that He was the God Himself and gave that same knowledge of God (Self-knowledge) to the whole world, the world of that time (past) the world of to-day (the present times), the world of tomorrow (the future).
10. The voice of the Lord, the Krishna, the Gita, is the Eternal knowledge of the Eternal, the voice of God Himself.
11. Understand Gita, O, Man, The Lord says that He is the Indweller in the hearts of all, the Unborn, the Eternal, the Imperishable, the Ancient, the Divine

Ruler, the Divine Being, the God in all and all exist in one.

12. So, how there be anything other than Him, the God?
13. All is God. God is all. All are in God. God is in all. All live in God. God exists in all. God alone exists, Nothing exists without God. God ONE alone is. All Religions show the One Path of different routes towards God, the Self.
14. Take any path you like and stick to one Guru of perfection and by guidance of the Guru you shall reach the Highest self.
15. That Thou art. Aham Brahman Asmi.

GITA IS THE VOICE OF GOD VOICE OF GOD

1. Gita is the voice of God.
2. Lord Sri Krishna is our Beloved God.
3. His words are the words of the God.
4. His words bear truth at all places, at all times and for all.
5. Whosoever listens, and lives upto these words, the life of self, becomes God.
6. Listening is the preliminary stage for self-evolution towards self-Realization. This is called shrawan, means

listening, the voice of God, the voice of Truth. Hearing voice of God, with faith and attention, alone is the listening the voice of God:

7. Reading Holy scripture, the Gita with faith and proper attention to meaning of the words alone is the listening the voice of the Truth, the voice of God.
 8. Then comes 'Mannana', meaning to obey the voice of God, to respect God is to obey His words. To obey is to practise what is told to you, O, man, by God. This idea of obedience, comes to you, by understanding the inner meaning of the words of God. Inner meaning will come to your understanding, only by reflecting on the words that you read or hear.
 9. Reading with reflection takes you to meditative mood. and that is called the Nidhiyan'.
 10. It is by deep thinking over what you hear as voice of God, or you read in the Holy scripture of Gita, that you will dive deep within the own heart of Infinite understanding, and will know the Real meaning, the wisdom conveyed by the words uttered by God in Gita, for a man, to understand & follow to reach the Highest Goal of Life, the Self-Realization.
-

CHAPTER-XI

RELIGIONS-THEIR TEACHINGS

RELIGIONS

1. Every Religion is a creation of ideas that, uplifts Human's heart to the Highest one Ideal of Human Life, i. e. to become God-Self.
2. Every Religion speaks of one God only.
3. Every Religion is a code of conduct in Human life, helping him, to rise above duality, to reach the non-duality, Oneness of life.
4. Every Religion teaches us, how to live a virtuous Life, to pass human journey here, in full happiness, eternal joy, in peace and contentment.
5. Every Religion tells us to serve the Saints, the prophets, the Sages, the Seers, the Wisemen, the Divine personalities, the Self Realized persons and to obey them sincerely, and faithfully.
6. Every Religion tells us that there is God and that God is everywhere, and He is all-knowing, and all-powerful, the Omnipresent, the Omniscient, the Omnipotent.
7. Every Religion gives us information, about individual-actions done by the individuals and the results enjoyed or suffered by them individually and collectively.
8. Every Religion teaches us to be good and to do good, to be kind, compassionate, to serve the creation of the God, to love the creation of the God, and to purify own heart.

9. Every Religion tells us to keep full faith on God, the spiritual Teachers, the Real Persons.

LOOK WITH GODLY EYES AND SHALL YOU SEE GOD ALONE

1. Religious thinking makes you Religious minded and you become Religious person.
2. Religious behaviour, is the path of union-making with God. Then all forms and names become God in your vision.
3. Some one woman is wife of someone, and mother of someone, daughter of some one and sister of some one too.
4. Concentrate your thoughts on every form and name of a woman, as Image of Divine Mother to your mind, and every woman's form will appear in your vision as Image of Goddess.
5. World is the world of your own imagination only, as you think of it to be, but in reality all is God only. There is no world at all, but all is vision of God only.
6. Whatever you see is God only. It is God, God and God alone, who has assumed all these Names and forms. He is the Invisible Indweller, the all knowing Element, existing in all, the Eternal witness in all, the Immortal Being, the Imperishable one, unbon, the

obey, go nearer to the face of God, the Almighty Father, the creator, and those who dis-regard, this Eternal Law of the karmas, are punished and made to suffer and made to pay for their bad actions. Doers of wrong deeds, move in darkness and are called the ignorant persons and they suffer like being in Hell only.

RELIGIONS: LEAD TO SELF REALISATION

1. Love all, hate none.
2. Love all, as thy own self.
3. God alone exists, God exists in all.
 God exists in each and every thing.
 God exists in each and every person.
 God exists in every cell of your body and in every cell of every body, as the Immortal and Subtler than the subtlest Substance, which cannot be seen, cannot be known, cannot be imagined, without unshakeable faith on His Existence and that too is the knowledge only, that cannot come without the faith on the words of the wise, the Saint, the Self Realised person, the Guru, the Spiritual Teacher, and that faith cannot come, without behaving religiously as instructed by the Personal God, that is the Guru, the Spiritual Master.
4. It is He, He and He alone, who has become every thing and all. And this cannot be realised without purification of the one's own heart.

5. Purification of one's own heart means living the life in accordance with the instructions of the personal God, the Guru, the Spiritual Master, the Religious Teacher.
6. Instructions of the Spiritual Master, is the code of Religious conduct, in accordance with the laws of the Nature, and that is to obey the Laws of the Divine Life, the commands of the Divine Being.
7. The spiritual Master is the Self Realised person, none other than the God Himself, the Divine being, the Divine Master Himself.

RELIGIONS TEACH US TO SPEAK THE TRUTH

1. Speak Truth at all costs.
2. Truth is plain and simple and requires no tricks.
3. Truth is natural flow of the thought-power, in expression which requires no effort to express the Self-voice.
4. Truth is harmless to any creature.
5. Truth uplifts the man to the Heights of the Real knowledge, fearlessness and joy.
6. Truth speaks of innocent heart, free from hypocrisy, malice and ill will.
7. Truth creates impressions on the mind, which appreciate sincerity of the heart, and love for all.

8. Truth is fearless, harmless, joy-giving, non-dual, and union with self.
9. Truth is voice of God.
10. There is no Religion greater than the Truth.
11. Truth is God and God is Truth.
12. Truth is unselfishness in life.
13. One who speaks Truth, is always fearless, unselfish, and eternally happy and self-contented Yogi.
14. All Religions teach us to speak the Truth at all costs.
15. Truth destroys selfishness, fears, worries, duality, ill-will, hatred, jealousy, desires, anger, wrath, malice, and impurities of the mind.

UNION-MAKING-WITH GOD RELIGIONS TEACH US TO:

1. Offer prayers to God the Almighty for His Mercy.
2. Believe in the all-powerfulness of God, the creator of every thing, the support of all, the Destroyer of every thing.
3. He is the power of all-powers. There is none equal to Him, in Powers. There is none greater than Him. He has powers to create and Destroy. He has powers to maintain or destroy. He is the sole proprietor, the sole Master, of every thing. He is the Lord of all the

- Lords, the Master of His free will, to do nor to do whatever He wills, whatever He wishes, whatever He wants, and none can question His free will, His freedom, His Powers.
4. Who can question the God, the Absolute Master, as to why He has created this Universe and what for? who can question Him, the Master of Absolute Authority? One who is the Supreme Authority, over and above which there is no other Authority, who can question or challenge Him or His Powers?
 5. The only way to be worthy of His Mercy, worthy of His blessings, worthy of His Love, is to pray incessantly with sincere heart, with full faith on Him.

LIVE RELIGIOUS LIFE RELIGIONS TELL YOU THIS

1. If you want to be happy eternally, then be religious minded person: Religious by thought, word and deed. No relaxation from this golden Rule should be allowed to Life.
2. Remember, that God is watching your behaviour eternally, from within your own self, as well as, from all the corners. Even if you sit alone and whatever you think, utter or do, is known to the Almighty God. Do not think, that, you have done a certain thing, where none except your own self was there, and so He does not know what you have done, either by a thought, or by a word or by a deed.

3. Every deed originates from a thought. Therefore your all deeds are only vision of your mind. You can see your mind in the mirror of your deeds, the Actions, the destiny. Your destiny is nothing but outcome of your actions. Therefore you are the Master of your own Destiny.
4. Every thought takes the form and when the thought gathers power, by way of its repetition the subtle becomes the gross form. This is the mystery of thought power, the concentration of the mind, the meditation.
5. Repetition of thought supplies power, to the thought and when the thought reaches the saturating-point, your thought manifests the power into action.
6. Every thought comes from the invisible power, the unmanifested state of the power, you have been bestowed with intelligence, wisdom and knowledge, to use your common-sense, to act and obey wisely.
7. Knowledge is great power.
8. You ought to know, what is good and what is bad. God has given you the power of knowledge, the discriminating faculty, the conscience, the Inner voice, the voice of God. If you use the discrimination, you will be saving yourself from running down, into the pitfalls.
9. God has created His Maya and also given discriminating faculty to you, to make use of this great weapon, to save yourself from being caught in the snare of Maya.

10. A Hero is he, who protects himself and others from being caught into the snare of Maya.
11. He alone is a Warrior, who fights against the evil, the Satan, and conquers the Maya.
12. He alone is a Brave-Man, who has achieved victory over his own senses and Mind.
13. No use fighting with others, but miss no opportunity to fight like a Warrior in the battle field with the selfishness, which alone is your enemy and none else.
14. Desire is Enemy No. I.
15. From a Desire, follow all other evils like Anger, Greed, Lust, Attachment, Delusion, Loss of Memory, jealousy, Hatred, covetousness, Ill-will, Dislike for some and liking for others.
16. Maya is hiding itself within your self, and she raises its head up, like a cobra snake showing up its hood and hissing, and that is the Desire. If the Desire is not satisfied, the discontentment manifests into Anger.
17. Control the Senses, the Mind, the Body, and every hair of your body, from running a race after the Desires.
18. Be wise and act wisely. Be intelligent and act intelligently. Intelligent and wise is he, who controls the lower appetite, the Desire to run after enjoyments of the perishable objects.

9. Be Brave. Be Hero. Be Warrior. Be gallant. Be MAN. Fight with the Desire, the Anger, the greed, the Lust, which are your enemies.
10. Learn this Art from the Self Realised persons, the Saints, the Wise men, the Yogis, the Sages, the Seers, the Giyanis, the Spiritual Teachers, the Divine Beings, the Religious minded men, the Men of God,

GOD ALONE EXISTS DO THE RIGHT THING

1. The world does not exist in all the three periods of Time. God alone exists, in all the three periods of life and at all the Times and at all the places. It is He, He and He alone, who has assumed all the Names and the Forms. Names and the Forms appear to be different and actions, words and thoughts are also different, because of such modifications, and changes in the Great Nature only. Do not identify self with Actions, words or thoughts which are different manifestations, the creation from the Unmanifested powers of the Invisible spirit only. Nevertheless, Spirit is one only underlying all the elements, which is the homogenous and the same one, every where and at all the Times, and the whole space is pervaded by the one Spirit only and that is the God, the Self, and That thou art. Identify yourself with that Atma, the Over soul, the Self, the God of all, the God in all, and all in That only.

Again and again assert on this Idea only:- "God is

the formless, the Nameless, the Immortal life existing everywhere and at all the Times, the spaceless, the Timeless, the Indweller in the hearts of all the beings, the Eternal witness of all, in all. He is in every cell of every body, within as well as without every body. Tossing of things and bodies, is only the viluating force of Life.

- 3 This viluation is due to activity of the Nature. When mind is stilled, and brought to equilibrium, then in the Great Silence, Real Nature of Life Immortal, the Atma, the soul, becomes known to the silenced Mind, the pure mind. Mind is the medium between the Individual self and the Infinite self, the Absolute Self, the Non-dual-Brahama.
4. Mind is the medium between the Real and the unreal, the Maya, the world, the Nature of the changing phenomena, the change, the difference in the forms and the names.
5. Forms and Names are the objective world, and the formless, the nameless is the Reality, witnessing the drama of the Great Nature, working the wheel of the world.
6. The Great Nature is working the wheel of the world, on fixed Laws and the fixed Laws are called the Eternal Laws of all the Karmas. Whosoever violates, breaks, disobeys, disregards or opposes the Eternal Laws of the Great Nature, comes to grief, sufferings, sorrow, worry, disease and pain.

7. Whosoever, behaves in violation of the fixed Laws of the working of the Nature, invites violence, from the Nature on self, and such a being, goes in great darkness, veiled by ignorance and his or her intelligence is shrouded by a cloud of delusion, the ignorance, and as a result of such ignorance over his or her mind, he or she makes a world of his or her own imagination, for selfish actions, for flesh satisfaction, for personal enjoyments, for satisfaction of personal desires, and such a selfish person, goes to Hell, moves in Hell and suffers the tortures of Hell in Hell only.
8. Such a man, gets drowned in the ocean of this world of pain, suffering, disease, decay, death and birth. Thus he or she revolves in the rotation of life, running through a series of deaths and births and follows Deaths and Births, like Day follows the Night and the Night follows the Day. There is no end to his or her sufferings, worries anxieties, pain, disease, decay, death, and a false imagination of loss and gain, pain and pleasure, vice and virtue, good and bad, possessiveness and dispossession, success and failure, joy and grief, and experience of such life goes on, with him or with her, untill this dream breaks into Light of God, within him, by dawn of wisdom in him or in her heart, by touch of a Saint, with mercy of God, the Almighty, the Omnipotent one.
9. O, Wise Man, follow the Truth. Obey the Laws of the Great Nature and do the Will of God, the Almi-

ghty, the Omnipotent one, the omniscient, the Omni-witness, the Omni-dweller, the Omni-present, eternally with you, every where and always.

BE DESIRELESS LIKE GOD

1. You are not a piece of deed matter, or a lump of mud, or a slave to a piece of a stone, or a servant to a desire, but you are the Lord of all the Lords, over and above every desire, beyond decay, disease, old age, pain, suffering, worry, anxiety, birth and death. You are the Spirit yourself, essentially, verily, necessarily, really, infact, indeed, truly and that is your Real Immortal and All pervading-Life only.
2. You are neither this nor that. You are the Immortal Spirit in this, in that, as well in all, but not the matter or the material in all the matter, as well as in all the materials, but not the vision of the change of the matter from one form to another, so on and so forth, you are in all the forms and the names, but not the form or the name. You are in all the changes of life in all, but not the vision of the change yourself, but only the unchangeable, the Eternal, the Immortal, the One beyond a change, the One who is unaffected by the changes in the forms and the names, the one who exists in all the changes and yet is Himself the unchangeable, beyond a touch of sorrow, pain, pleasure, grief, decay, old age, disease, suffering, worry and death.

3. You are the Creator of all the Creation, ever existent in your own Creation, yet unaffected by the actions of the creation; being Immortal Self knowledge of joy Absolute Self.
4. You are the sustainer of all the Creation, ever existent in your Real Nature of knowledge Self of Immortal joy self, the consciousness pure Self, the unbon, the Bodiless, the Decayless, the Diseaseless, the Desireless, the Deathless.
5. You are the Destroyer of all the Creation of the forms and the names, the Master of your own will, yet unaffected by the sin of all destroying-power, being undestructible self.
6. You are the Undestructible consciousness of Self, Creator, sustainer and Destroyer of the Illusion, the delusion, the Dream, the world of all the forms and the names, ever established in your own Immortal knowledge of self.
7. Whosoever does your will, obeys your will, becomes one with you and is self-contented with your will, in your will, and such a person alone knows Thee, sees Thee, and is Thy own self, Thy Real man, Thy Real Self, Thy self, Thine, Thy own Real Being.
8. One knows Thee, by obeying Thy Commands only. Thy commands are the dictates of conscience, the Religious Life, the Divine conduct.

9. Religions are Thy Heart, Saints are Thy voice, Thy embodiment, Satchitananda Swaroop. To obey Laws of Religions and to serve the Saints is to do Thy will.

WHAT RELIGIONS SAY ?

1. Treat others, as you would like to be treated by others.
2. You want never to be assaulted, attacked, threatened, harrassed, bullied, dishonoured, disrespected, hated, censured, ill-spoken of, robbed, pinched, pinnes, pained, diseased, naked, starved, homeless, injured, hurt, discontented, disturbed, stoned at, abused, insulted, dis-employed, roughly handled, impolitely treated by, mercilessly treated by, misled, misguided, misunderstood, neglected, or ignored by others. If that is so, you should be careful, in your own conduct and behaviour with others.
3. This is permanent Law of the Life, that what you give, that is returned to you, in the same way, be it in cash or kind. Law of Nature is quite hard, fast and fixed one.
- 4 This is the Eternal Principal Law of the Nature, also called the Law of Karmas, the Theory of Actions, the Karmic Law, the Prakritic Law, the principle of the Truth, that results in one's own destiny, to make one happy or unhappy, according to one's own actions like as you sow, so shall you reap.

5. Thought is the seed of the tree of Actions, by word and deed. Words are the branches, and deeds are the leaves, and the flowers as well as the fruits are the results.
6. Verily, God alone exists, one who knows this truth, verily, he or she, sees the self in all. This world is the Mirror of our own Actions, in which we experience the fruit of our own Actions.
7. Life is the living force of energy in us. Wrong actions, bring pain, disease, worries, anxieties, starvation, sufferings and unhappiness for our own experience. Wrong actions are called Adharma or irreligious conduct.
8. Right conduct by thought, word and deed, alone is Religious life. **RIGHTEOUSNESS ALONE IS THE REAL RELIGION, THE ONLY DHARMA**, that every human being, must observe. Fruit of Right conduct is always Good.
9. Righteousness is the voice of God, the Inner voice, the voice of one's own conscience, for obedience, observance and following by word, thought and deed.
10. What is Right and what is wrong? For this we have to refer to the Authority of the Right expression of the Religious Scriptures.
11. Principles of Right conduct are:-
Ahimsa, Satya, Brahmacharya, Asteya, Aparigraha, Santosh, Shauchaya, Swadhyaya, Tapasaya, Ishwar pranidhanam.

12. AHIMSA :

Non-violence by thought, word and deed

Love all as own self, hate none.

Do not hurt feelings of anyone, by thought word or deed.

Respect all life, as own life.

By thought, give blessings to all.

By word, speak politely, respectfully and affectionately.

By deed, serve all, as service to self.

13. SATYA :

Speak the truth by thought, word and deed. Be sincere to self. Thought must agree with the word and the word must agree with the deed. Speak truth but lovingly. Speak a few words with great reverence and love. Speak politely and respectfully. Avoid anger, harsh, abusive and filthy words. Do not irritate mind of anyone. Speak the Truth at all costs Love the Truth more than life even. Do not be weak, fickle-minded, and hesitant in voicing the Truth. Do not be a slave to inducements. Be courageous, fearless and self-determined in speaking the Truth.

14. BRAHAMACHARYA :

If you are married, treat your life partner, as Thy-own-self, Thy own companion, to help you to observe the Religious life only. Never use your life partner for flesh satisfaction. Treat her, with due regards to her, health, life, prosperity, peace, contentment and her happiness as a spiritual component-homogeneous-part, of Thy own self. Help her, to progressively go along with you, on the spiritual path,

towards the Self-Realisation, as your co-worker. I always polite, considerate and centre of her all-love, all-goodness, all joy, giving her, no worry, no pain, no suffering, no sorrow, no illness, but only virtuous way of life, by sacrifice of self-satisfaction, by sacrifice of flesh-satisfaction, by sacrifice of personal and selfish desires, for her upliftment and detachment of her mind and flesh from worldly pleasures. LIVE WITH HER, BY ALL MEANS, BUT LIKE A RISHI, LIKE A YOGI, LIKE A GREAT SAGE, A SEER, A PHILOSOPHER, A WORSHIPPER OF THE TRUTH, A WORSHIPPER OF THE DIVINE LIFE IN HER AND IN ALL. Have utmost regard for her life, health and Divine qualities of Love and Self-Surrender. Never misuse her. Never ill-treat her, for God is also within her life, within her centered love for you and for her children. Never make a wrong use of your vital energy. Never forget that she stands eternally pledged by her, thought, word and deed, at self-surrender to you, like a sincere and faithful devotee to Self, to God. Behave with her, as Thy good, obedient and faithful devotee. As a devotee expects mercy, Love, blessings, and joy from contact with God, the Self, and God bestows His all-love, mercy and pure life of all virtues on His Devotee, like that, you being God, for her, look upon her, with pure Divine Love, Divine qualities of mercy, all forgiveness and all givings to her. A devotee expects God, to look after him or her, as He alone is the Real Care-taker, the bestower of everything, the Great Giver of peace, joy, contentment, health, life, happiness and the fulfiller of

all the worthy desires. Be like God, the self, in your behaviour, with your wife and children. Pray to God, the Almighty, for His mercy and Love, to give you wisdom, power, courage, confidence, strength, faith, and Light, to behave as God in your attitude towards the life-partner, and the children and ultimately with all. Negate the name and the form. Sing glories of God, on seeing beauty of Nature in a woman. **TREAT EVERY WOMAN AS A LIVING IMAGE OF GOD.** Practise and be absorbed in such consciousness only. As soon as you get established in such consciousness, sex desire will vanish from your heart, from your mind, from your flesh, from your eyes, from your looks, from your imagination, from your organic-system, from your blood, skin, flesh and bones; **AND**; you will be filled with extra-ordinary-joy, the Divine joy, the Divine Intoxication, to see all forms as the Images of God only; then; a woman, will no more be a woman, in your looks. in your heart and head, in your vision in and out. But; the Divine Form of God, the Goddess, the Divine Mother. Victory to Me. Victory to you. Victory to him. Victory to all, who have thus practised and got victory over the sex-urge and are established in the vision of God, all-around, in and out, the same-vision, the Samdrishti, the equal-vision, the Divine vision, the Divine Eye of wisdom and Light Real. Be hold. Be courageous. **CONQUER THE SEX DESIRE, O, YOU, WARRIOR?**

15. ASTEYA.

Be self-dependent. Do not beg from a man.

Do not beg from any one. Do not get caught in a desire to steal or to receive any worldly object. Do not be a slave to a desire for flesh satisfaction, for sensual pleasures, for enjoying anything by any sense. Give up the care, worry, the craving, even for the maintenance of this body; AND, God, the Almighty One, the Beloved care-taker, the Omniscient, the Omnipotent, will surely look after your all real needs, as the Guardian. He knows every thing. He knows all. He is all powerful. All worlds exist, work and move under His control, under His supreme order. He is all-pervading. All space is pervaded, with His Eternal-presence. Get your mind, body, whole sole wholly, fully and care-freed, be engaged with memory, towards Him, for Him, to Him, in Him, with Him, by Him, and entirely be all, of Him only, you will, then, then and only then come in the wonder-land, the wonderful-life, the wonderful Truth, the plane of Mysteries, when He, the Merciful Lord, the Beloved God, will release powers, to fulfil your all the Real needs of life, by His most mysterious ways and means. NEVER FORGET THAT ALL BELONGS TO HIM ALONE, and He is the sole-Master of His Creation. Have full faith on Him, mysterious ways of helping the needy ones. God has promised in Gita, that He personally attend to the needs of His devotees. *You should have so much reliance on Him, total self-surrender to His will only.* If that be so, then why to steal? Then, why to beg? Then, why to worry? Then why, to waste precious time and energy of life, in un-necessary worries, for maintenance of this perishable body? Then why to

adopt wrong way of life, to steal or to deceive, or to speak lies. It is only want of faith in God, and flesh satisfaction that take a man on the wrong way, in search of food and drink. It is only the lack of confidence on God and selfishness in one's blood, that makes him suck the blood of others, for maintenance of this perishable body and make him greedy and needy, to want more and more day by day. A GREEDY MAN, IS NEVER SATISFIED. Much wants more, is the ever-growing fire of such a desire, ever propelling in his heart, and this makes him, feel restless, and quite dissatisfied with own life. Why should, at all, poverty, eat away our inner state of the Real life of joy Absolute? It is the artificial want? It is the false hunger of wants, ever looking out, for a change, to swallow the share of others.

16. APARIGRAH.

Do not envy position of others. Do not look to worldly riches with others. Do not feel jealous on the prosperity of others. Do not have a covetous-eye on the property of others. Be happy to see prosperity of others. Look to those, who are still poor, poorer than yourself, and be kind and helpful to them. Love even the Rich-persons. For Love is God. Love is power. Love is Reality. Love is Real side of life. Love is Real Spirit. Love is Magical power, greater than the greatest of all the powers. Conquer jealousy, hatred, ill-will, envy and covetousness, by Love, kindness and wisdom. By Love, you will know your Real Greatness and Real Riches. Never forget that

love is more powerful than even all the Atomic-energy or the Electric power released by God, the Almighty, the Master of all, the powers. Love is the Real power of wisdom, and Divine Light, that controls every thing and all, even the enemy. Love the poor. Love the rich. Love all alike, as all are the Images of God. Do not get yourself trapped into coveteousness. Coveteousness is maya. That is bitterness, a bitter pill, a poison, a poisonous bite, that poisons the blood and kills the joy of the heart. Joy is the sweetness of the heart full of pure love for God alone, see God even in the Rich persons, the men and women, placed in different positions, posts, powers and authority, as that is the Nature's work. Your duty is only to Love all, and hate none, How can you, o, man enjoy peace and joy, unless you get freedom from coveteousness?

17. That is Yama, the five-fold-Principle of Truth, as explained above, viz. (1) Ahimsa. (2) Satya. (3) Brahamacharya. (4) Aseteya. and (5) Aparigraha. Essence of the advice given by the Sage, in the above way of life, is for personal practice, in daily life, that will create, sweetness, and joy in life, by driving away the cause of unhappiness in life.

CHAPTER-XII

LAW OF GIVING

GIVE FOR SELF-REALISATION

Willingness to Give, Life for achieving ever-lasting-peace & happiness in Life is Self victory over own Mind.

Jai Ho: Victory to you: Victory to all: "Live in Peace

1. Where there is Will, there is way. This fact holds Truth at all Times, under all climes.
2. WILLINGNESS is that force of Life, which steams out from the Heart of LOVE to do a certain thing as a Self-Action; for achieving something in Life-Time
3. Above all, each human being desires for happiness in Life. This desire is quite natural in Life of every-one. We live to work for achieving happiness in Life. For this reason, a man works in Life. It is the Truth, to say so, that happiness is Life and unhappiness is death. For example, when a man is sick and in spite of efforts, he is not relieved of illness, he becomes unhappy, and when he has no hope of recovery from such illness, he himself desires, as a last recourse to relieve himself from the unhappiness, to die. He desires under such conditions to die and expresses himself such a desire, that better he wants to die now, and he prays for death or commits suicide under desperation in despair. Cause of every suicide is same viz: unhappiness in Life. Though it is foolish act, arising out of ignorance, rooted in self-desperation & despair in Life, yet it is unhappiness that drags the foolish-person to such an act.

4. Happiness is real support to Life in all. Hope for happiness helps a man to work and live. The only question with us all, is if happiness is our very nature of self, then why at all unhappiness comes to our lot? Wise men have a sound reply to such a question. They say, that we are ourselves responsible for creating such circumstances which bring us unhappiness in our Life. They say, that we do wrong acts, being ignorant of the Truth, and the Law of Nature. Because we do not see our own Life in others, therefore, we do wrong actions. A selfishness is the back-ground of every wrong action in Life. It is selfishness, that, a man is at loss, to think of others' good. He forgets from own Memory, that, by doing selfish-actions, he is violating the Law of Nature, and that effect of that, will bring automatic-punishment on him.
5. Cause brings to us the result of our causation, as the effect, and the effect lies in our own cause in Actions
6. A thought is the root-cause of our speech and actions. Every action and every word, comes out from our thoughts.
7. We say something and do something else. So here, we violate our own words, by deviation from own word in the line of actions. The Lord says in Gita, that PASSION, GREED AND ANGER create hell for a man in the field of actions, and that which seems to be sweet in the beginning, becomes poison in the end. So a man, being ignorant of Truth, foolishly causes the Law of Nature, to bring him, poison through own

actions, words & thoughts. Every thought is the seed of actions. As the thoughts, so the actions. As the actions, so the results.

3. Religion, teaches us to control the Mind, to eradicate evil thoughts from the Mind. If you have really eradicated evil thoughts from own Mind, then you have eradicated the cause of unhappiness from Life. There exists *poison in passionate thoughts, selfishness and anger in own Mind, only.*

A man is said to be at peace with self, in own Mind, when he has eradicated evil thoughts from own Mind and has thus control over own Mind, under the most trying circumstances.

For some, reasons, someone by his wrong conduct, disrespects you, insults you, offends you, assaults you, speaks ill of you, and unnecessarily teases you, if you do not get irritated and annoyed under such trying conditions of life, but on the contrary, you remain in your natural state of peace in own Mind, enjoying happiness within own heart, and with a natural-smile on own face, you express calmness of self-controlled Mind; you are really a Brave-Man in Life. Further, if you are able to not only forgive the wrong.

SHUN THE EGO

FAITH AND SINCERITY

1. Prayers are definitely heard by God, provided there is full faith in Him, and there is sincerity in the heart.

Humility in word, thought and conduct, is the expression of the sincerity in the heart and that shows faith in God, the Omnipresent, who is present with us, hearing every word, knowing every thought, seeing every action.

Sincere prayers purify the heart.

If you were to know the powers of prayers. If you were only sure about your perfect faith in God, in your own heart. If you were only sure about your own personal faith in the Existence of God, the Almighty. If you were to realize this Truth, you will never meet with worry, disappointment, fear, death, loss, pain, failure or vices.

O, Beloved Humans, you are children of God, the Creator, One of us all, the only support of us all and of the whole creation.

You are toiling hard, only because you have lost faith in Him, the Bestower, the Benevolent, the Merciful Father.

You are day and night worried for personal mainte-

nances, because of personal desires for flesh satisfaction and to maintain false prestige, false power, false position, false hood only.

8 GIVE GIVE GIVE. It is lack of your faith on God that creates a number of desires, like whirl pool in your own mind, and makes you move with your desires to work hard, to exert hard, to fulfil your desires and so you are always running after collecting the perishable objects of the perishable world, the earthy materials, for possession, to collect, to hoard, to enjoy to self.

9. You are thinking of great responsibilities upon you to work for maintaining this little body and a few more of those, whom you foolishly consider to be your liability as your own children, or members of your family. And hence you have to work hard for this purpose only. And foolishly you think that, this is all, your Duty, that, you have to do. Indeed that is not all, but only a part of the Real Duty, that, you have to do. Earn by all good means, as much, as you can do, but never forget, that, Real purpose of Life in Human-body, is to Realize God, only, to merge in Him, to become like Him, to be God yourself, and that will only, free you, from the false sense of possessiveness over Lord's property.

10. This body, with senses, mind and intellect belongs to God, the Creator and this is given to you, to work out, your salvation, and not for attachment with body or any thing, which all belong to Him only.

11. God is the sole creator of all the creation. And every living being is really entitled to receive a due share in work, worship, prayers, Religious Life, and so to get a reasonable share from the creation, for his or her maintenance, you will be called a robber, a thief, a dacoit, a murderer, a cheat, if you keep your hands, on property, for more than what is only sufficient to maintain you, and sufficient to help you to do your given part of duty, for the peace, contentment and joy, to others.
12. You have nothing to do with the Karmas of the others, however they may be poor or rich. You have to mind your own business. And it is your business, to distribute with the others, what you have collected from the God's creation. Starve, so that others may eat. You have to follow this idea, to please Almighty, the Creator, the Master of the Creation. Otherwise you will have to see very very bad days in life. Just imagine, what will be your state of mind, if and when, God, withdraws from your control all the possessions?
13. God has created everything. He has mysterious ways of giving boons, and also mysterious ways of withdrawing or destroying your possessions by floods, famine, storms, diseases, decay, thefts, robbery, and perishing every thing at His Sweet will.
14. It is God's voice, Eternal Law, to give 1/10th of honest earnings in charity in the Name of God the creator, the Giver, to help His mission, the Dissemi-

nation of spiritual knowledge, the Lord's work, to be carried on, on earth, through His Men, the Saints, the Yogis, the sages, the prophets, the Men of Self-knowledge. This is His work. This is the work of the Lord, the God, the Almighty, the Creator, to awaken people's consciousness towards God, the Self-Realization, to help them, to rejoice in the Soul, the Kingdom of God, the Heavenly Life on earth, here and now only.

15. The whole creation is oneness of Life of God. All are our own-self. We all belong to the whole creation as members of the One-family. To help others, is really to help self. Why should you not give to make others happy? Who are you to ask about their actions and remark that they are suffering for their deeds?
16. Well, the Day will not be far, when, you will be placed in their position and made to experience the same? How would you then, like, if some one, remarks about your actions and says that you are suffering, because of your past actions?
17. Why cannot you, see in their sufferings, your own life? Why cannot you, see vision of God, in the sufferings of the poors, calling upon you, to go to their help?
18. How do you cry, weep and pray, when you are put to a life of sufferings, a life of poverty? Why do you, then weep and cry before Me, and pray to God, the Almighty for His Mercy? Why do you, then, come to Me, go to other Saints and beg for blessings?

19. You do not want to be merciful, to the poors, to the sufferers, when you see them, or when you are asked by God, through His Men, the Saints, that time you behave like a blind, a deaf person; and now, you want Mercy of God and My blessings, when you are caught in the grinding teeth of the Eternal Law of the Great Nature of God ?
20. You are praying to God for His Mercy, for His Benevolence, for His Kindness, for His Love, for His goodness, for His blessings; but when He speaks to you, personally, from the Saints, as a Human-being, and asks you to do a little bit of charity, to give something in the Name of God, for His work, you give a deaf ear, and turn your face away, and sometimes even, speak ill of Me, My Saints.
21. Don't you know, that I speak from the living men; the Saints and their voice is My voice? You have no faith on them, the Saints, My Real Self in them; how can you see Me, then? How can you reach Me, without their guidance? How can you expect to have Mercy of God, blessings of God, when you disregard; and disobey voice of God in-the Saints ?
22. You, do not want to show mercy on poors, in whose heart God exists, and is looking to you, to see your kindness; and you expect God's Mercy on you? This is your conduct, o, Selfish Man?
23. You visit Me, in the form of the Saints and sit like a Lord there, this is your regard for Me ?

24. You come to Me, to see Me, in the form of the Saint, you do not make a sacrifice, to offer a bit from your possessions, that are given to you by Me and you, pray to Me, to give you still more? Is this your conduct of Love for Me, O, you greedy man?
25. You come to listen My voice, in the Saints, and you have no faith and regard for Me? on the saints, and so you again and again criticise My Nature of the Saints. Is this how, you want, to learn, the Brahama-vidya, the knowledge of God, the Divine knowledge? Are you superior to God? are you superior to the Self-Realized person, who is really none other than God, Himself? Are you, wiser than the God? Are you, really wiser than the Self- Realized person, who is none other than Myself in human form?
26. Where is your faith on Me? Where is your God? Where is your faith in God? Where is your faith in Self? Where is your faith on Saints? Where is your faith on sayings of the sages, the Rishis? Do the sages, not tell you, that you will not learn the Brahama-vidya, unless you surrender yourself at the feet of the Saint, the giver of the Divine knowledge and obey him sincerely as God?
27. Where is your sincerity? How long will you be a slave of your ego?

SERVE : LOVE : GIVE :

God is Love Love is God. To Love God is to love all To Love is to give away everything and all in service of all.

1. Reading of Gita, Vedas and all the Holy Books of all the Religions of the world for crores of Times, will do you no good, at all, unless you put the Holy teachings in practice. Lead a virtuous Life. Become a practical yogi. Speak the Truth at all costs.

2. Practise :- These principles of Rt: conduct & realize the Truth.

Non-violence, Truth, Celibacy, in daily life, by thoughts in Mind, by words, uttered by tongue, and by deeds performed with physical movements of body.

3. Serve everyone, to the best of your means, ability and capacity, physically, mentally, morally and spiritually.

4. Love everyone, mentally keeping in Memory, truth of God, existing in every one, Love demands self-sacrifices.

5. Give whatever you give, to anyone, keeping fresh in Memory, that it is the Love-God, that is the real Giver, from your heart occupied by Him now, that He gives, to self-Life in others. Thus detach from Memory, account of credit and debit. Wash your brain, by washing away memory of what you give in charity. For charity demands no returns on what you

Love something else, other than Him. And that, what you Love, for that, for which you have got Love is not God, but Maya, the perishable object.

3. You Love to enjoy perishable objects, but not the Creator of them. The creator has created them and all belongs to Him. That creator, who has created them, can at any time, withdraw from your possession, any of the things or all of yours, at any time. What will you do, if He, destroys any of your possessions or withdraws from your possessions everything and all? He is all Mighty Lord. He is the all-powerful Lord. He is the Omniscient, all knowing Lord. He is the Omnipresent too.

4. Om : Little-man, wake up and do the will of the Almighty Lord. Wait not for the day of mournings to see that most unfortunate day, when you will breathe last and see that all that you collected, preserved, hoarded and kept away from distributing to the needy-brothers, is left behind you and will leave this all, going away to winds, with pranas in the winds, all alone, empty handed.

Learn to give, Om : little-man, from what the Lord has given you, for others, in whom is also the God.

O, LITTLE-MAN, DO NOT DECEIVE SELF

You cannot see God, unless you Love Him.
Love for God is Love for all, Is He not in
poor persons too ?

- 1 It is again He, the Almighty Lord, existing in the Life-breathe of the poor faces, the sickly persons, the widows, the orphans, the disabled-people, the needy ones, the saints, the beggars coming to your doors with begging bowls in their hands, showing you such faces, calling upon you, to give; providing you chances for showing your heart to you only. Where are you, Om: people of this world ? Where is your heart, Om: people of this world ? Where is your Love for God? Where is your Dharma? Where is your charity, mercy, sympathy and Love for relieving brothers and sisters from sufferings and needs in their Life?
- 2 You pray for His Mercy on you, but what about mercy in your heart for others? You pray for His Love, but what about your Love for Him in poor and needy ones? You pray for His Darshan, but what about darshan of your heart to Him, in the form of poor and needy faces ever looking to you for your Love, mercy and sympathy?
3. Love is God, and God is Love. Life in all beings is God. If you Love God, then what about your Love for Him, in the life of poor and needy ones? If there exists Love for God in your heart, then how is it that

you have no Love for God, in the Life of poor and needy ones? LIFE IN ALL BEINGS IS GOD, SO SAYS THE LORD IN GITA(VII-9.) Love for Life in all beings is Love for God. If you Love God, how is it then, that you fail to Love Him, in the existing forms of poor and needy person? Love for God, means Love for all. God is not seated in a corner-place or in an Image only, or in a piece of stone only. He is all- pervasiveness, every where, omnipresent. If you cannot see Him, in Living persons, then you are only deceiving own Self.

GIVE, GIVE AND GIVE AT BOTH ENDS IS HE

Single-consciousness in Duality,
as Non-Dual-Being
Double-consciousness of singular-Being,
in oneness.
Devotee and the Lord are one
and the same thing.

Life and Death are opposite to each other, yet these words show the eternal-play of the Being at both ends as one and the same, viz: verily the same one Lord is both the Creator as well as the Destroyer of all

He is the Sat-Sankalapa behind the whole-creation, called the world, the vision of self-creation from the

self-consciousness of becoming, and at His own will, when he goes in Meditation of self as the Formless Being, gets detached from His own consciousness from the perishable nature of the Maya, the phenomena, and realizing own-Immortal-swaroop, Satchit Ananda swaroop of self, destroys the vision of the existence of the creation and relation with the creation, by identifying self with the Immortal-Atma, and then the world no more exists for Him, and this is destroying the dream of the world, from own consciousness, through Atama-Giyana, the knowledge of self, called God-Realization.

3. Life with God-in-Self and seeing all-in-self, is the Divine-play of the Divine-Being. He when comes back to body-consciousness, He considers all as God, and every-body as that of God, and for Him, every-body is the sacred Temple of God, own-Life-in-all, self-in-all and all-in-self only.
4. In this kind of self-knowledge, He loves every thing and all as Loving own Life in all, and serves all-beings, as service to all, with Love for Self-in-all, is the very Nature of God, the Man of God, the Saint, the Self-Realized person, the perfect-Man in Life.
5. As such He becomes both, the Devotee of self-Life in-all, as well as the God-self-in-all. Verily the knowledge without Devotion is like a misfire only.
6. God alone works, and lives in human-form as the

Devotee of God-in-all. He alone is the one, who surrenders His every-thing and all for service of others. He places own Life at the service of all. He alone is the motive-less worker. He alone is the self-less worker. He alone is the Real-well-wisher of all. He alone is the Eternal-Friend of all. He alone is the most Trust worthy Friend of all, free from any kind of selfishness in His Love for all. He alone is the Trustworthy person, who will never misguide any person, for He sees self-in-all.

7. Therefore, we, say, that one who knows God is one with the God, and He is the God-in-human-form.
8. GOD OF HIMSELF SEEKS HIS SEAT, IN THE HEART OF ONE, WHO SERVES HIM, IN ALL FORMS, THROUGH HUMANITY. Never forget this Truth, My dear Shiyama?
9. Thou art That, My dear Rama :
Plunge into Seva of all, with mind and soul. Never miss the opportunity of rendering service to any one come before you, begging for your help, for a good cause. Serve with Atma-Bhava, serving every one, as serving God-in-every-form. Love for God, means, offering self-life in service of self-in-all. Wake up, and see God-in-all.

SERVE: LOVE: GIVE EXPAND: EVOLVE SEE SELF IN ALL

And help all as helping own life in all beings
(Take a vow today. Om. Country-men. To
serve own Nation at least.)

1. All is God.
2. This does not mean, that you should not work. On the contrary, it is your great responsibility, as a Living-person, in Life, on this earth, to do sacrifices, acts of sacrifice, for relieving other Living-beings from want and poverty.
3. God. God. God. Does not mean, that you should live as a Dead-Man on the earth, of which earth, you are eating food, drinking water, wearing clothes and having shelter on it.
4. God-Realization is Prapatti of Vidya, the Knowledge of Self, the True-Knowledge of Life. It is like, completing the period of learning, Vidyarathi Period. First part of beginning of Life. Then comes the Second period in life, the worldly life, the Grishta-Ashram, meaning to look after your nearest people, the responsibility of taking due care of parents and relatives dependent on you, as your Dharma, as Divine-Duty on you. Simultaneously, you must exert, self, to help neighbours, country-men, and to the best of your means, evolve and expand your love for all.

up with Rules of Right-conduct. In this Third-Phase of life, you may occasionally find time, to retire to forests, and such other lonely places for meditation, to regain strength, power & peace in Life. At a latter stage, you may totally disconnect self from active life and for most of the time remain in silence and peace of Mind. This will be your last period of life called Sanyas or total Renunciation of all-actions for Self-merger of Life in Great void, the zone of Absolute Silence.

5. All these four stages of life, can be practised in this world; while living with family, at any place on this earth. These are the states of Mind, through which one has to pass and take up life current, to the Highest-Self. It is not necessary to retire to jungles, Mountains or to go & live in Himalayan-Caves or on banks of Rivers, or under trees. All this can be practised at any place, at own home, on own homeland also.

6. Each man & woman, wherever he or she may be, is provided chances by Law of Providence, to expand and evolve, through the circumstance and under conditions, in which Nature has kept him or her. It is ignorance, to think, that it is essential for us, to leave our family, house and all, for living in Forests at distance places and then only, we can do Atma-Abhayas No. No. No. Never. It is not so. Live wherever you are and God with you, and around you, will help you every where. All that is needed, is your own sincerity only. Things change. A body changes.

States of Mind also undergo changes. All changes are due to the changes in the play of Maya. But God is the only changeless one.

See same Immortal-Being in all states of the play of the Mind, in this world.

God is changeless Reality. Things change as per Law of Nature of Maya's play only. But God stands as Eternal Principle behind all changes.

LAST STEP IS MEDITATION

Purified Mind, with sharp intelligence alone becomes a fit instrument, for one-pointedness of dissipated rays of consciousness, for Meditation, on Self, for self-knowledge.

1. MEDITATION is the last step of the steps of the spiritual ladder, to reach the top, the peak of Perfection.
2. On reaching the top of the House, the Abode of Godly Life, you breathe calmness in Mind, the Atmosphere of Peace, Absolute of Self-in-Self, and there Thy Experience is Joy-Eternal of Self-Knowledge Now and After.
- 3 All Sadhanas seem to merge Here, in Oneness of Life in Absolute-Existence of the Formless-Self, one Homogeneous Essence, and you then laugh and smile only, on your success, the success gained in your Spiritual-efforts of having controlled virtues of Lower-Self, by Aspirations of Own-Ideals of Higher-Self. Here you

come to know, the Real-Own-Self, and get established in Self-Own-Real-Knowledge of Self-Real-Consciousness of Being Kewalayam Satchitanandam Swaroopam And the Eternal word of all-words oozes out from Thy-Self.

"Shivoham-Shivoham-Shivoham" Om

"Shivam-Satyam-Sundaram") My Chella is God.

"So Ham-So Ham-So Ham") My Guru is God.

"Tat Twam Asi—That I am") I am also God.

"Aham Braham Asmi—That I am."

"Ham O Asit- Ham O Asit: I am that"

"I am That. I am That. Main Ye Hoon"

"Om Tat Sat Braham"

"Om: Oham: Om: Ham: Aham: Om. Om. Om,"

4. Now you see own Real Self-Immortal Atma in all beings, as well as in "non-beings", also.

5. Sarvam Khilvadam Brahma. All is God.

All difference melt away from Mind here.

Play of Self of the words I, YOU, and HE merge in oneness of life. I AM GOD. YOU ARE GOD. HE & SHE IS GOD. ALL IS GOD. Remain in the State of Just an unconcerned passer-By only; in this world, yet ever absorbed in Divine works, always.

CHAPTER-XIII

BASIC PRINCIPLES OF DHARMA

TRIPLE-PRINCIPLES

1. Strong moral character is rocky foundation of the Divine Temple of God. Ahamsa, Satya, Brahmacharya are the Triple-Principles upholding Divine Life. It is human Dharma to abide by these Eternal Principles of Truth. That is Real Dharma of every human being in life play on this earth of Almighty Lord. Violation of these principles, is Adharma, and Adharma is cause of untold sufferings and painful experience in life.
2. Suppression of Truth is Adharma: To speak a lie is Adharma: All Divine Powers are hidden in practice of Ahamsa, Satya and Brahmacharya: These Divine Powers, are your Real Treasures, more precious than all Jewellery, Diamonds and wealth of the three worlds together: Riches of all the worlds and Rulership over all the three worlds is nothing but a straw only, compared to Divine Richness in Life.
3. Religious path is the Divine path, for the sincere follower, towards the source of all real treasures of life, of permanent joy, ever lasting peace, prosperity and abundance, Over-power false temptations of Maya for achievement of perishable Maya; to cross over impermanent happiness, derived from temporary control over perishable objects of the world.
4. It is your false dream of life to expect permanent joy, everlasting peace, eternal Shanti, Turpati, eternal satisfaction, self-contentment, santosha and real Ananda. from control over perishable nature of Maya.

How long, will you be in perfect Health, enjoying youthfulness of body, soundness of senses, as long as, feeling of possessiveness, exists in your mind over any thing? Body will go weak in time to come: Health will get one day broken. Material riches may leave you one day, senses will go weak and will become unfit to enjoy worldly pleasures one day: yet desires to possess and enjoy perishable wealth and objects, will never come to end or get drowned or silenced to death.

5. It is rightly said, by the wise men:- "Wealth lost is nothing lost: Health lost is something lost: But character lost is everything lost" "Budhi Nash Sarva Nash" Injuring feelings of others, is equal to digging own pits for own downfall only: Doing a wrong act is doing of injustice to self only. Adharma is life-Shadow on sands for self-confusion in life, towards cause of painful end only: O, wise man, seekers of Truth of life, lovers of own Atma in all, children of seers of Truth, children of land of Rishis, sages, saints, philosophers and yogis wake up from sleep of Avidya and abide by Law of Love and Truth.
6. Do not build castles in the air, by thinking, that, you will get immortal Fruits of Joy Absolute, in life, by violating Rules of Divine conduct: Break the Dream. Life just now, and resolve to go by the Right path.
7. This is not the advice of a man for you to study, examine, understand and follow, but the eternal voice

of Self-Realised Sages. For sake of own Good and Good to all, leave the wrong path and take to the Right path, the path of Real Joy in life: Grossness of stones speaks of sleeping-existence, dormant life, non-responsive life, unintelligent life, Animal life, discloses dreaming life. Let us rise above, sleeping and dreaming states of life and come into wakefulness of life as representing Godly-life on earth of Almighty Lord.

8. Let us then master up courage, to abide by Laws of Truth and Love, in own life on earthly plane, to reap rich harvest of Goodness, Vindictive nature is not our real life, but unreal life of false pride of being, 'so and so' and son of 'so & so' Same God, Invisible self, formless and nameless one, has assumed all the forms and names: You are not separate from Him: You are not other than the self.
9. Break the false dream of life, by accepting and obeying supreme Authority of Supreme self, of Supreme Nature of Self Only: (Ix-ii) What is Supreme Nature of the Supreme Being? Love-pure for all beings is the Supreme Nature of the Supreme self: Love own Atma in all beings: See own Atma in all beings.

FLY TO HEAVENS

1. Airy baloon will burst off one day: This is sure: A man has no Time to pause and think over Ultimate-Reality of life: After all whence comes this world, forms and names? Where does it go to? Creation

and destruction is ever going on process, seen, by us all: Nothing is permanent: Everything is undergoing a change to ultimately disappear only. As long as there is prana in your body, you are a living person, but the moment, prana leaks off from your body, you are no more, and the dead body is disposed of, as a piece of wood in fire, or a dirty thing giving bad smell, buried in the grave yard: you are no more concerned with what you once thought to be yours: what happens to your dear ones, relatives, & friends, and to your other belongings, after your death, you do not know: The only question is what did you do and experience, when you were in life on this earthly plane, as a living person?

We are ever thinking of doing something, in life, and dancing in joy, on achieving something, that pleases our mind, as a desire seeker, a seeker of perishable objects, but do we also remember the moments of unhappiness, on dissatisfying conditions met by us in life, failure of achieving what we desired to achieve? Yes: we do meet with both phases in life viz: success as well as failure: That is our common lot: That is our experience in life: None can deny this experience of happiness and unhappiness, during life-time in human body on this earthly plane: Have we ever given a serious thought, to such phenomena and made a thorough enquiry into the causes of such experiences?

3. If that all, we have come for, in human body, as souls of pure over-soul? What is in a common-man's lot, here on this earthly life? A common-man is he or

she, who has not reached the peak of perfection, during own individual-life-time. A common-man is ever swimming in ocean of this world, in the mixed experience of pain and pleasure, not knowing, that, the cause and the source to these experiences, lies in him only, and not somewhere outside him: Source of all-pain lies in wrong actions and source of all joy lies in the Right Action only: O, man, you are not that, what you commonly hold to be. But you the very same, the Image of God, the Satchitananda Swaroop: Through wrong actions, you are engrossed, enveloped, shrouded, veiled and imprisoned, in darkness, ignorance, Avidya, nescience, clutches of Maya, the delusion over mind and hence like a helpless log left in the middle of Great oceans, you are being danced up and down, here and there, like a dead body, and ultimately get broken in heart and get perished Precious is human soul in you, more precious than all the wealth of the world, that you see: Rise up: wake up from long continued slumber of ignorance. Enough, you have wasted precious time of life, in play of energy with matter: concentrate life-force and direct it in the Right path, for reaping Immortal fruit of life viz: Jiwan Mukti, liberation from painful experiences.

4. You think that by speaking a lie, or by suppressing the truth, or by deceiving others, for sake of achieving object of a desire, in life, you have done, no wrong or a harm or an injury to anyone but more than, what you have done, unto others, is the share of pain, worry and suffering, to come upon you,

as a result of your own wrong actions, in achieving own selfish ends in life: The Beloved Lord, the Omnipresent one, the All-pervading one, the Homogeneous, the All knower, Indweller in your heart and same ever abiding in the hearts of all, knows, what you have done: Nothing goes unseen, unheard, unknown from the All-pervading self, the witness to your thoughts that you entertain and hold and words that you utter, and the actions, that you do, in own life: Whatever you achieve or gain is of no value at all; for all that you consider as an achievement or a personal gain, is of impermanent nature: Thing of impermanent nature, cannot give you permanent joy in life: It must decay, and be lost one day: you yourself will disappear one day from dancing on the stage on this earthly plane.

5. Get your own life detached from wrong actions first: if you want to liberate self, from painful experiences: Truth is the strong weapon, that liberates you, from this world of pain and pleasure There is no other weapon so sharp and strong as the weapon of Truth. in your hands, within your heart, to cut the knot in heart with untruth: Be brave: Be bold: Be courageous: Speak out the plain Truth. Sinless man is he who speaks the Truth: He alone is really fearless, not afraid of death-god even, who speaks the Truth and abides by the Truth and supports the Truth at all costs.

CHAPTER-XIV

GOD IN FORM

SWAMI SATYA NARAYAN MURTI

1. Satguru is Swami Satya Narayan Bhagwan Murti when you get initiated by the Self realised Saint into Divine vows, your everything and all, even the life of yours must merge into the Divine ocean of Infinite wisdom, knowledge and Love of God in Guru. Infact, you live to only Love God Selfish desires must end then: your all actions must then, be along the line of directions of your own Self Realised Satguru: See the glory of God in own Satguru first: How he shows a smiling face to you and all: How he joyfully laughs away at Maya: How cheerful he looks under all the trying environments in life. How he radiates joy of Atma and lives in cheerful moods, bursting in joy and laughters. He also lives and works, but with wisdom and joy. He is not affected by worry, anxiety, sorrow, and pain. Why? Just pause and think.
2. Life of a Self Realised person is all joy: Because he sees own Atma in all and so he loves you and all, as own self in you and all: you may misunderstand his love for self and all, yet he loves you and all: Never become self assertive and disobedient to own Guru. Such arrogant nature of mind, will only do you great harm, in your own self-evolution.
3. Disobedience is loss of respect and love for Godly conduct: Think of self as hands and feet, bound to obey the wise advice of own Satguru, as will of the Almighty Lord: Self Realised Satguru is not bound

by any chains of KARMA: He is eternally free from operation of Laws of Karmas; He is pure soul, unaffected by Karmas and Gunas of Maya: Your limited understanding will not understand the Infinite consciousness of the Self Realized person, who is established in the Higher plane of life, over and above and beyond your limited intellect: Never measure Wisdom, Knowledge, Love, Divinity of a Self Realized sage, with instrument of own limited intellect: The sage being free from selfishness, he is one with the Lord, as a silent witness of the drama of Maya. You will be moving in own mental plane, under veil of Maya, and deception of mind only, if you enter into heated debates, with a Self Realized saint: In the state of confusion, agitation and irritation, your mind is restless and devoid of wisdom, and under such resentment your disturbed mind, is not prepared to listen to even rational reasoning of a wise man in life: It is no gain but a great loss, to feel annoyed with a Self Realized sage in life: A Self Realized sage is the living Light of God, the embodiment of God, the Image of God, the Sat Chitananda Self. Disobedience is a great disrespect shown to Self.

4. A Self Realised sage is the Higher Self, the Light House, the source of Wisdom, Love, Knowledge and joy to you and the whole world: He is your Real Atma the SELF of all: all inclusive and immeasurable, Infinite SELF: With such firm faith, if you approach Him and behave with Him, you will get benefitted, through service offered to Him and not otherwise:

You cannot claim over Mercy and benedictions, by disobeying the Law of the Supreme Self: Can you expect Mercy and Love of own superiors, officers, employers, parents, Master, Lord, or any one in life, by behaving arrogantly with any one of them? You incur displeasure by disobeying wise advice of parents. Just pause and think here: Will it add to your joy in life, if and when your children, or your servants, or your subordinate disobey your wise and loving advice? Just ask your own self? Then how, do you think, that you will be entitled to blessings of Guru-God, by behaving contrary to Divine order of Life? O, man pause and think over own behaviour; first, before laying blame at the door of others. God neither gives nor takes: He is beyond giving and taking: He is only the witness of show of Maya, ever joyful. If you disobey and disrespect own soul in own Satguru, then whom will you adore, respect, obey and love? If you do not see own Atma in own Guru, where else will you then see, own Real Self.

5. Once the world famous writer Shri Paul Brunton went to Maharishi Ramana and asked the Great Rishi some questions: In one of the writer's questions on the subject of the necessity of a Guru, the sage briefly said:-

"The sage from whom the seeker learns about the goal and the way is called a Guru: so long as one thinks of himself as little-Laghu, he must take hold of the great the GURU; HE MUST NOT HOWEVER LOOK UPON THE GURU AS A PERSON;

THE SAGE IS NEVER OTHER THAN THE REAL SELF OF THE DISCIPLE. When that SELF is realised, then there is neither Guru nor Disciple"

6 Gross ego does not easily surrender 'I-ness' and 'Mine-ness' at the lotus feet of the Lord: so does it become in common, the fate of a man, that, the arrogant nature of mind, does not allow the head of the ignorant person, to place the lower self at the feet of a wise man of Self-Realization: Enshrouded in great ignorance, like a man imprisoned in a dark room, sees not, so self-conceited person does not see Light of God in a Self Realized person, and thinks of the sage as an ordinary person only. This is true in case of persons, who do not find a Guru, in this world, though the God, in the form of a self realised may really be before his eyes.

• This is the real mystery of life; that, an ignorant person sees not the God in Guru, a living sage, though standing presently before his very eyes, and a Real Guru is desireless, and so HE silently sees and watches all, how blind is a man, that he sees not own SELF, reflecting, shining, illuminating, enlightening, in his very presence: What a wonder? Wonderful is delusion of this Maya, that, none can cross over, without mercy of God, the Guru-Kripa: How wonderful are you, that, you do not see own Atma, shining like Day Light, in you and all: Read Geeta, My Friend, with one pointedness of mind, and if you still doubt in Existence Absolute of the Real SELF, you will do it well to take own steps, for own

real goodself, as well for the good news through you to all, to spread the voice of Truth, reverberating Eternal Brahama Nad throughout the world, the MESSAGE, the Message of oneness of life, the word of God, the word of words, go to a Self Realized sage, round the world and find the One, and then speak with own Atma, with All Reverance and LOVE for Real SELF only: Pause and think: Find the Truth of Life.

8. You will see and know, feel and realize, understand and experience the Truth of all truths in wise sayings of saints, the sages and the Gurus of all; if you only approach a Self Realized sage, with sincere heart, to know and see the Real self: No real man of God, will feel annoyed or irritated, angry, agitated or unhappy to receive you with Loves for the SELF, in you, provided you approach the man of God, with the sincere heart for learning: But if you go to test Him, you will only be going to tease, irritate, disrespect SELF: Approach a MAN of God, by all means, but by the Right Method only: Never carry wind in brain, that you know every thing and all, and now you want to see only, if the sage knows the Truth or not: Though every Self Realised person is knower of the SELF, yet you will see difference in dispositions, as quite natural working of Law of Nature: Knowledge of Truth is always the same: Love for God is always the same: Peace of mind cannot be anything other than the peace: But different behaviours on External-show, is also Nature's work. This is the

mark of glory of Atma, to see God, in all the Self Realized persons: You cannot compare life history of events and external face and behaviour of saint Tukaram with Saint Ramdas or in that fashion and standard of own limited wisdom one Self Realised person with another body of a Self Realised person. Peace is the mental repose, real abode of rest as if one was forgetful of every thing and all in MOST sound sleep: Every Self Realized person is established in That higher SELF, the Inner-most self, the Reservior of real SHANTI, SANTOSH, ANAND: And by now, is a Self Realised Being, bound to disturb SELF experienced real life of real joy, for any purpose: because he has no desire in self, to gain any thing from you, anyone or the whole world.

It is for you, the real aspirant. the sincere seeker after the Truth, who must cast the shadow of inner-irritation on him, to draw out voice of Atma, for you, to hear, to the benefit of self and all. How will be so? For this, voice of God is given to the world, to know and act; vide teachings of Geeta... /14, IV-34, XVIII-66 and other relevant voice. Nature of mind is to doubt and this doubting nature, the veil over mind: Neither of the Two is separate from you: Neither He nor His shadow, called Maya: They are here... KNOWLEDGE AND IGNORANCE. Atma visishit Maya: As soon as mind disappears, doubts disappear. As soon as knowledge of the Supreme Self dawns, the shadow of ignorance disappears.

10. As soon as happiness seizes your heart, there is no trace of unhappiness then in your life: Eternal, eternal, eternal joy, that joy which is eternal and everlasting, permanent, and not broken for any reason is Thy Real Self.
- Ask own self in own Mind, and reflect with enlightened Budhi and say, what you really want to experience in life? Happiness or unhappiness? Eternal or Temporary? Decide with own will power and speak out truth at all costs. Take sides of Divinity of self against undivinity. Over power, undivine forces within own Mind i. e. Lust, Anger, Greed, attachment, individual ego and live by divine forces and lead lower self to Higher self by own efforts, YOU have to help yourself, by own efforts. As long as you have not entered the Temple of Bliss, Pure-Self, Absolute-JOY, Infinite Consciousness, Unlimitless area of pure Prem for all, you need help from a Guide on this path: It is Thy Real Higher Self in Thy Guru Daya, who helps lower self in you to rise above worldliness in you to reap the Highest Fruit for self: A Self Realized person is Thy Real own Atma.
12. Shri Satya Narayan Murti is your own Self Realized accepted Satguru Deva: **SWAMI SATYA NARAYAN IS YOUR OWN GURU BHAGWAN:** Satya Narayan Bhagwan is your personal Murti of Reverance and Loves in your own Atma the Guru your own Guru Baba seen with own eyes, worship and adore own Guru Deva bhagwan. Listen to the voice of Atma from own Guru, Meditate over the words of wisdom

entered by your Personal Real Self in own Satguru.
 ve every moment in thought, word and deed in
 ction, as really on with own Guru Bhagwan.

DICATE LIFE TO GOD AND BECOME ONE WITH HIM.

not caught in the snare of falsehood; A Self
 alised person is the real MAN of God, the Real
 od in human form: (IX-II) He who declares the
 uth of self is fearless Atma, speaking to you, of
 rnal principles of Truth. Unless you keep firm faith
 such a Self Realised person, and hear voice of
 ma, from Him, the Image of God-Alive, with one
 intedness of mind, free from prejudices in own
 nd, you should know, that your own mind is im-
 e yet: The Lord says in Geeta (IX-II) of such
 sons as fools, who think of Him, to be an ordinary
 rtal: MORTAL IS THE CAGE, THE VEHICLE,
 E BODY, AND NOT THE VOICE OF TRUTH:
 who has realized the self, the Self, which is beyond
 itations, of imagination, senses, intellect and body
 sciousness, relationship with any body (III-42) is
 self the Image of God, and from such a Self
 lised person, speaker is not the ordinary man of
 ldly thoughts, but the Master-Mind, controller of
 d, the Pure Self, the Atma, the Lord, the Master,
 God; Himself: It is Wisdom of the wise, (X-38), that
 aks and works from the dedicated soul, of a Self
 lised person: The man of worldly ideas, no more
 ts in the Self Realised person, but God only, who

works for deliverance of the world. Still if you think of a Self Realized person, to be an ordinary mortal man, then it is the brute in you, Mr. ego, that, blinds your vision. And you will have to work hard to kill the demon (IX 12), the individual-ego first, before you get established into the egoless state, where, you are promoted by a pure Atomic-Vibration, to run in madness of Love for God only: Then your purified mind will recognise, acknowledge and accept the need of a Guru, and your mind, will bow before a saint, with real reverence, faith and strength of Love for God and Guru only.

2. Always look upon own Self Realized sage as own pure self, own Atma and live to only Love Him and so to listen Him only and to do His will only, at all costs. That is the only way to rise upwards, step forwards march onwards in quest of Real self, your mind should reach the state, where you feel restless in own mind for Darshan of God, for pouring all love on self in own Guru: The stage, comes in mind, where in your love for own Guru, makes you feel restless, on separation from the Guru Darshan: your pure heart of pure love, purely for God's Darshan out of such love, turns on towards your Guru, sacrificing every thing and all: This pure state of pure love for God, makes you dive deep in the self, and your inwardness, opens doors to heavenly life within own heart. Infact and indeed, the Real Satguru, helps you, to reach the Highest peak of perfection. where you are free to

fear, want and desire, and you independently enjoy your Highest state of Being, what you really are, the Real self, Immortal Atma, Satchitananda Swaroop, beyond imagination of birth, decay, disease, death, worry, anxiety, suffering, painful experiences in life.

3. As soon as you get freedom from 'fear and desire', the Avidya leaves you, once for ever, and you stand above the effects on self of painful experiences: The world and worldlines then disappear from your life: The worldly minded man meets the natural death, as soon as false ego of doership, gets eliminated in self-wisdom: (III-27): you are no more of a worldly man then, but the REAL SELF, the Real MAN, pure Atma, God self, the pure consciousness of Existence Absolute: (X-39): Now you see the New world, the New life, where in nothing but God alone exists in all forms and names, a Reality of Life, hidden from the ignorant and only known to the wise. This is your Real Birth after death of ego attached to the world of perishable nature: Now, no more of worries, sufferings and painful experiences for you, but all is joy for you: All and every thing is for your joy only then in the world of God: Come what may, you are then not at all effected by happenings in the world of perishable nature, but hold fast to original Immortal Life of 'Self-Knowledge', seeing and hearing as only a witness to the Grand show of Maya: Maya no more assaults you in the life dedicated to God: (XVIII-66)

CHAPTER-VX

THOU ART THAT.

THOU ART THAT: THE ATMA SELF

1. O, man, Thou art essentially That, the Divine nature. You have forgotten your True Nature of Real Divinity, due to identity with the body and the mind. You are neither this nor that but the Atma Self. You are not the perishable entity, but the Imperishable One, the Sweet Atma the Bliss Absolute.
2. You are not this finite and perishable body but the Infinite and Imperishable Atma Self. You are not the mortal embodiment, but the Immortal being yourself.
3. By your undivine conduct in life, you have become an individual in consciousness only. Flesh satisfaction and selfishness and such other desires of undivine nature, have separated you from your Divine Nature your essential and true nature and thus you have lost your Real Heavenly life of Heavenly peace and Divine joy Infinite within your own life.
4. O, man, you are neither this or that form of a model of the body, nor a name of this or that embodiment. You are the Nameless, the Formless, existing within and without all the names and the forms the Omnipresent Atma self.
5. You are not the changing nature of the Mind; but the unchanging and eternal Atma, the experience of that, which is Eternal and Infinite Bliss Absolute only. Get up to your Real Consciousness of Divine Nature and regain the paradise lost by you.

THOU ART THAT IN ALL

1. O, Man, know if for certain, that One, the Real One, whom you call God, is Thy very Self and That Thou art in this, that and in all bodies, in all beings, in all the movements as the Existence Absolute, and also same in all the Immoveables as the Immoveable Self. In the moveables Thou art the Shakti of the Life force, in the Immoveables Thou art the Shakti of the Life-in-great-Silence, and in both the Moving Life as well as in Immoveables Thou art the "Silent-Witness-Absolute" of Thy eternal Drama of Thy Maya Shakati.
2. Maya is Thy Shakati and Thou art the silent Shakati, the Eternal-witness-Immoveable, unaffected by the play of Thy Leela. Thy Maya-Shakati.
3. What ever, you see, hear, know, feel, experience and realize is Thy own Leela, Thy own Maya, Shakati, based on Thy Eternal Principles of Truth
4. Dharma is the support of life in all. Dharma is the path-Divine, that leads the Dharmatma to the Paramatma.
5. Dharma is the code of good conduct established on the good character, and whosoever lives the life of Dharma reaches Thee, the self Realization, and by the ladder of Dharma alone, one rises up to the Highest Goal of Life, comes to Thy Heart and becomes one with Thee, the God, the Self.

THOU ART THAT, THE SUPPORT OF DHARMA

1. O, Man, lead the life on Right-Path of Life which is your only Dharma.
2. You have become a Jiwa from the Infinite Self to the finite self, only by desires of SELFISHNESS-SHUN THE SELFISH DESIRES and regain the consciousness of Thy Real Abode of Peace, Contentment and Joy Absolute.
3. God is within your very heart and all around you. God is the Peace Absolute, the Perfect-Silence of desires, the Perfect Life of Peace, Perfect, contentment Perfect and the Bliss-Absolute. And Thou art That, the Immortal being in this body, in that body, in all bodies, in all, everywhere, within and without all.
4. Do only That, which pleases God, the Self. To maintain Peace, Contentment and Bliss within your own heart, at all costs, is your only Dharma and that alone is the Will of God.
5. Do the will of God. Obey the will of God. And eternal happiness is always yours.
6. Give up the ego of doership and take every thing, every action, every vision as expression of the Will of God only.
7. Respect life in all as Life of God, the Self. Do not

injure the feelings of anyone for same life of Thy own Self, the God, is within the heart of all. Withdraw your ego of relativeness by blood.

DIVINE WORDS OF WISDOM

1. Hear no evil.
2. Speak no evil.
3. See no evil.
4. I say: think of God and not of the world.
5. To think of the world is to think of 'evil'.

6. Why?

Because whatever you think, that you speak, and whatever you speak that you yourself hear, and whatever you hear, that you see, and whatever you see, that Thou verily art, in fact.

7. Voice of God says:

O, man, Thou art That, the God Thyself. God is not separate from you. God is not other than Thy own Real self, the Love and Truth expressed in Thy own life in own conduct.

"O, Man, be careful in own thoughts; for "whatever you think, that you become."

8. If you think of evil, you will get entangled in the evil.
9. If you think of God, you will become one with God. This is the real philosophy of Truth, in life.

10. By constant remembrance of God, you will become one with the God. To remember God, is to think of the God. To think of God, is to remember God.
11. God is within your heart; you have to only remember Him, to see Him in own heart.
2. God is Absolute, Infinite, Homogeneous, Perfect, Whole, One, second to none. By self-surrender of 'personal-ego' to the will of God, the Master-Mind-man, the Spiritual-Teacher, the Man-God; the Satguru Deva Bhagwan, you will become one with the all-powerful (Omnipotent), the all-knowing (Omniscient) the all-pervading (Omnipresent) God, the Lord of all Lords, *within own heart.*
3. By rendering service in all forms, to your own Master, with faith and devotion, renouncing own desires, only to do, what your Lord demands of you to do, your 'Personal-ego' will melt away & you will become 'Desireless' person and get established in joy absolute, of doing everything & all, for the sake of God only, as only an Instrument in the hands of own Master's will

ONLY WAY TO REALIZE SELF

is the way of self surrender

"Pray for self-knowledge from own Guru"

1. The only way to realize God in own life, is to do only own Master's will, as the Supreme-Being's Commandments.

2. God is in-us-all; but One, who has realized this Truth in own life-time, is one with the God and voice of such a Self Realized person, is the voice of God only.
3. GOD is not some thing to be touched or seen, but He is the One second to none, WITH AS WELL AS WITHOUT A FORM, and the only way to know this Great Secret of His Immortal presence, is to follow the voice of a Self Realized person, with unshakable faith on His words, as words of God speaking from the Self Realized person, to you and all.
4. One should not think of seeing miracles, or try to test own Master; by expecting miracles from him, or by getting own material-wishes fulfilled for material prosperity, as an assurance for own self-satisfaction. That will be trying to subordinate God as own servant, for getting selfish-motives achieved for material prosperity. That is not wisdom at all, but selfishness in the mind of the greedy one. That is not the Spiritual Life.

YOU ARE GOD YOURSELF

Wake up from Ignorant Life,
You have not come to eat, drink and make
merry only.

1. Cleanliness of Mind, means cleaning the Mental plane from desires for a material enjoyments by senses in

2. It is the individual-ego in the individual-person, that creates desires, to enjoy material objects by physical-senses in the body-flesh.
3. It is the individual-ego which creates desires in the Mental plane, and creates mind for running after desires, to achieve the material objects for flesh-satisfaction, through the senses in the body.
4. It is the individual-ego, that creates in the individual-person, flesh-satisfying-desires, and it is the individual-desires or the ego, that separate a man from God, or creates a wall between him and His Infinite-Self. That is the fall of a man from Self-Infinite or from his Real-State of Godhood in own Self-Life in all.
5. It is thus the individual-ego, that makes a man feel as a jiwa, a helpless creature in the creation of the Infinite-self, (God), a wanderer on this earth, moving only all the while, in search of food, drink, clothing and shelter. He feels satisfied with only enjoyments of food, drink, clothing, shelter and thus passes his life time, like an animal only in material-enjoyments. Eat, drink and sleep is his only satisfaction. Eat, drink and sleep and make merry is his only life-principle, that is all.

OM

SUPREME BEING YOU ARE:

Wisdom of the Supreme-Being is with the
human-being.

1. You have not come here on this earth, in human-body, to waste your life in only eating, drinking and sleeping to so make yourself merry only?
2. To eat, drink, sleep and make merry by several pleasures for body-satisfaction, is not the Goal of human-life? That is an animal's life. That is only an animalistic-instinct.
3. A man is superior to all other specimen of living beings not because only he achieves material prosperity for personal comforts to life; but only because he is SUPERIOR IN WISDOM, to other creatures, and that superior-wisdom is given to a man, only to find out the Supreme-Being, the Supreme-Master, within his own life-time, as a human-being.
4. If a man forgets this Supreme Goal of his life, he is a criminal, who is responsible for criminal waste of precious time of precious life of self for nothing. So shall he keep on, coming and going on this earth, in earthen-pot of physical-form, to experience materialism, untill he awakens to self-consciousness of seeing and realizing own Real Supreme Being as the only Absolute, whole and Perfect.

5. Human-Life is for knowing the Self, and reaching Self-Perfection; and then and then only, he is said to have done his duty, for which wisdom of the Supreme-Being is bestowed from him, from the Supreme-Being.
6. O, Man, you are none other than the Real-Self, the God.
7. Purify your body and mind both, and rise up, to know and experience, to see & realize, to feel and understand, the Glory of Self-knowledge, the Existence-Absolute of the Self, the Heavenly Kingdom of the Self-Immortal-Life, the Treasure Infinite of the pure joy Absolute Self, the Supreme-Self.

OOD TO MIND FOR GOD REALIZATION

. You are not this body; nor the ever-changing nature of the uncontrolled-Mind, nor the unchecked senses ever-inclined to enjoy perishable objects, O, Man.

. You are God-Self in the form of a human-being under the Name, in life indeed, O, Man, truly & Really.

You are essentially That Immortal-Support to Life in all forms and Names of the innumerable forms, the joy of life in every heart. It is the joy in every heart that supports all life on this earth.

You are the unalloyed, unmixed and pure bliss-Absolute of Self-Knowledge, that creates and supports all

life, in all forms and Names on this earth, in your own heart and the same in all-life, O, Man.

5. You are all-formed and all-Named-one, in all the forms and in all the Names, and all forms and all Names exist in Thy Infinite-Consciousness as Thy own, O, Man.
6. There is not a being in which you (God) do not exist, in original-state as formless and Nameless, the Atma Self.
7. There is not a thing in which you (God) do not exist, in original-state as formless and Nameless, the Atma Self.
8. You are the Immortal-Knowledge of Self, the secret of all secrets, all-pervading, all-Knowing, all-Powerful, the formless, the Nameless, the decayless, the diseaseless, the pure-love-absolute, the pure-awakening of Self-Existence-Absolute, the experience of joy-absolute, as goal of life, in human-body.
9. The Atma (you) never degenerate, never born, and never dies, THAT THOU ART.
10. A desire in your heart for enjoying any object, or a status or to possess any object or property, makes you attached with the perishable thing and you identify your self with the body and the mind and so FEAR OF LOSS and A HOPE TO PRESERVE that, clouds your Real-Understanding Nature of the Truth.

11. It is the hope to possess the material-goods and fear to guard against the loss or the fear of disappearance of the temporary possessions of the perishable-nature of the material-goods, that lash in your-own-imagination (Mind) and keep you engaged in collecting only all that, which is of perishable-nature (Maya) and in constant-fear of Preservation of your achievements. Thus you leave the Real and keep-busy in play with the Un-real.
12. In this play of Mind, with the un-real (Maya) you get attached to the Unreal (Maya) and being so deluded you forget your original self (Divine-Being-Self) from own Memory (Consciousness) and this is loss of Memory.
13. To forget own Immortal-Being from own-Memory, God-Self, is real loss of Memory. To lose sight of own-Real-Self, from own Memory, is self destruction, or Self-foolishness, or Self-separation from the Own-Real-State (God).
14. My duty it is to remind you constantly every now and then of your Original-state of Satchitananda Swaroop (Divine-Benig), THAT (God-Self) which picture is your own, and THAT (Reality) which you have forgotten from your own Memory, (the Mental-plane), due to which you cannot see God, your Real-Self, the Infinite, Absolute and pure Joy-Self.